



County Hall  
Cardiff  
CF10 4UW  
Tel: (029) 2087 2000

Neuadd y Sir  
Caerdydd  
CF10 4UW  
Ffôn: (029) 2087 2000

## AGENDA

**Pwyllgor** PWYLLGOR CRAFFU PLANT A PHOBL IFANC

**Dyddiad ac amser y cyfarfod** DYDD MAWRTH, 8 TACHWEDD 2016, 2.30 PM

**Lleoliad** YSTAFELL BWYLLGORA 4 - NEUADD Y SIR

**Aelodaeth** Cynghorydd Richard Cook (Cadeirydd)  
Y Cynghorwydd Boyle, Chaundy, Gordon, Joyce, Murphy, Dianne Rees  
a/ac Lynda Thorne

Patricia Arlotte (Cynrychiolydd Gatholig Rufeinig), Carol Cobert  
(Cynrychiolydd yr Eglwys yng Nghymru), Karen Dell'Armi (Cynrychiolydd  
Rhiant-Lywodraethwr) a/ac Hayley Smith (Cynrychiolydd Rhiant-  
Lywodraethwr)

*Tua  
Amser.*

**1 Ymddiheuriadau am absenoldeb**

2.30 pm

Derbyn ymddiheuriadau am absenoldeb.

**2 Datgan Buddiannau**

I gael eu gwneud ar ddechrau'r eitem agenda dan sylw, yn unol â  
Chod Ymddygiad Aelodau.

**3 Cofnodion (Tudalennau 1 - 6)**

2.35 pm

Cymeradwyo, fel cofnod cywir gofnodion y cyfarfod blaenorol ar 18  
Hydref 2016

**4 Gwasanaeth Iechyd Plant a'r Glasoed Meddwl (CAMHS)  
(Tudalennau 7 - 20)**

2.35 pm

Mae'r adroddiad hwn yn rhoi i'r Pwyllgor sesiwn frifio ar y  
gwasanaethau CAMHS fel y darperir gan Fwrdd Iechyd Prifysgol  
Caerdydd a'r Fro.

(a) Rose Whittle, Pennaeth Gweithrediadau a'r Gyfarwyddiaeth Iechyd  
Plant Cymunedol Cyflenwi a Dr. Tracy Gardiner, Cyfarwyddwr Clinigol

Rhwydwaith CAMHS, yn cyflwyno adroddiad a bod ar gael i ateb cwestiynau;

(b) Cwestiynau gan Aelodau'r Pwyllgor.

**5 Lechyd Plant ac Anabledd (CHAD) Diweddariad Cynllun** 3.35 pm  
(*Tudalennau 21 - 60*)

Mae'r adroddiad hwn yn rhoi i'r Pwyllgor y wybodaeth ddiweddaraf am y cynnydd cyfredol ran mynd i'r afael, ac yn adeiladu ar, argymhellion adroddiad yr ymchwiliad y Pwyllgor hwn i CHAD.

(a) Y Cyngorydd Sue Lent (Aelod Cabinet, y Blynyddoedd Cynnar, Plant a Theuluoedd a'r Dirprwy Arweinydd wedi cael gwahoddiad i wneud datganiad;

(b) Bydd Tony Young (Cyfanwyddwr, Gwasanaethau Cymedeithasol) cyflwyno adroddiad a bod ar gael i ateb cwestiynau;

(c) Cwestiynau gan Aelodau'r Pwyllgor

**6 Ymateb y Cabinet i Adroddiad Plant Ymchwiliad Camfanteisio Rhywiol y Pwyllgor** 4.15 pm  
(*Tudalennau 61 - 86*)

Mae'r adroddiad hwn yn rhoi i'r Pwyllgor gopi o'r briffio Ymatebion Cabinet ar y gwasanaethau CAMHS fel y darperir gan Fwrdd Iechyd Prifysgol Caerdydd a'r Fro.

(a) Y Cyngorydd Sue Lent (Aelod Cabinet, y Blynyddoedd Cynnar, Plant a Theuluoedd a Dirprwy Arweinydd) wedi cael gwahoddiad i gyflwyno adroddiad y Cabinet;

(b) Bydd Tony Young (Cyfanwyddwr, Gwasanaethau Cymdeithasol) sylwadau ar yr adroddiad a bod ar gael i ateb cwestiynau;

(c) Cwestiynau gan Aelodau'r Pwyllgor

**7 Monitro Cyllideb Adroddiad y Panel** 4.45 pm  
(*Tudalennau 87 - 90*)

I roi i'r Pwyllgor gyda chrynodeb llafar o'r cyfarfod y panel monitor cyllideb ar ar 28 Hydref 2016.

(a) Martyn Hutchings, Swyddog Sgriwtini I ddarparu'r crynodeb;

(b) Trafod y gwaith dilynol ar unrhyw ymatebion a dderbyniwyd.

**8 Y Ffordd Ymlaen** 5.00 pm

**9 Dyddiad y cyfarfod nesaf**

Dyddiad y cyfarfod rheolaidd nesaf y Pwyllgor Craffu Plant a Phobl  
Ifanc yw Rhagfyr 6, 2016 am 4.30 pm

**David Marr**

**Swyddog Monitro Dros Dro**

Dyddiad: Dydd Mercher, 2 Tachwedd 2016

Cyswllt: Mandy Farnham,

029 2087 2618, [Mandy.Farnham@caerdydd.gov.uk](mailto:Mandy.Farnham@caerdydd.gov.uk)

Mae'r dudalen hon yn wag yn fwriadol

CHILDREN AND YOUNG PEOPLE SCRUTINY COMMITTEE

18 OCTOBER 2016

Present: Councillor Richard Cook (Chairperson), Councillors Boyle, Chaundy, Gordon, Joyce, Murphy, Dianne Rees and Lynda Thorne

: Co-opted Members: Karen Dell'Armi (Parent Governor Representative) and Hayley Smith (Parent Governor Representative)

24 : APOLOGIES FOR ABSENCE

Apologies for absence were received from Patricia Arlotte and Carol Cobert.

25 : DECLARATIONS OF INTEREST

The Chairperson reminded Members of their responsibility under Part 3 of the Members Code of Conduct. The following declarations of interests were received:

- Councillor Iona Gordon in respect of Agenda Item 4 on the basis that she is a Ward Councillor for Riverside and a Trustee of South Riverside Community Centre;
- Councillor Lynda Thorne in respect of Agenda Item 4 on the basis that she is the Chair of Governors at Grangetown Nursery School;
- Hayley Smith in respect of Agenda Item 5 on the basis that she is employed by Barnardo's within the Families First Strategy;
- Councillor Joe Boyle in respect of Agenda Item 4 on the basis that he is the Chair of Governors at Springwood Primary School.

26 : MINUTES

The minutes of the meeting of the Children and Young People Scrutiny Committee on 27 September 2016 were agreed as a correct record and signed by the Chairperson.

27 : CHILDREN'S PLAY - PROGRESS BRIEFING

The Chair welcomed Councillor Peter Bradbury (Cabinet Member for Community Development, Co-operatives and Social Enterprises, Malcolm Stammers (Operational Manager, Leisure and Play), Jane Clemence (Active Communities Officer, Leisure and Play) and Chris Matthews (Scouts Association) to the meeting.

The Chairperson invited the Cabinet Member to make a statement in which he said that he had been involved in the implementation of the new deliver model for Children's Play for some time now. The 1<sup>st</sup> Pentwyn Scout Group has provided a Feedback Report outlining their experience of in taking over the management and maintenance of Llanederyn Play Centre from the Council, he believes that it is an accurate assessment of the experience and the information provided must be taken into account going forward.

Chris Matthews, Scouts Association provided Members with his view on the transfer of the centre to the Scout Group indicating that it was a long process with a lack of

clarity initially however, once a point of contact was established with Council things improved. Members were advised that the building was to open on Friday.

Members were provided with a presentation by Malcolm Stammers.

The Chairperson invited questions and comments from Members:

- Members sought clarification as to whom the Scouts Organisation would have recourse should there be a problem with the building and were advised that the building has been transferred with a Full Repairing Lease, but they would be able to make a grant funding application should they wish to undertake other work in the building.
- Members asked whether there had been an change in the usage numbers and were advised that at the present time it is too early to say, however, numbers had diminished; moral was low particularly without premises in which to meet. It is anticipated that numbers will double with the opening of the new premises.
- Members discussed the use of schools/community facilities and that schools should, after 4.00 pm be operated as community facilities and be capable of use by the public.
- Members were provided with a update on the transfers of the other play centres:
  - Ely: Ely Garden Villagers are involved in this transfer, having received help with the Business Plan from ACE. Heads of Terms have now been agreed and the transfer is progressing. Members were advised that this would be a lease rather than a Community Asset Transfer;
  - Riverside: South Riverside Development Association have been involved with this transfer. Heads of Terms have been agreed although further due diligence is currently being undertaken;
  - Adamsdown: Seren in the Community had initially expressed an interest but was not followed through. It is hoped that with wider development in the area taking place there will be other opportunities.
  - Splott: Communities First were approached to assist those involved with this application.
  - Llanrumney: Interest has recently been expressed by The Foxy Club which is currently being explored.
  - Grangetown: A Business Plan was agreed with Grangetown nursery, with some capital investment into the centre. There will be dual usage, nursery school during the day and community use in the evenings. There is also the possibility of an extension being built.
- Members queried the current position in relation to the support being provided whilst the transition is taking place and were advised that there had been funding for 3 Community Development Officers however that ended at the end

of March 2016. Resource has been provided to enable some support to remain in place. Members were concerned that the funding had now ceased prior to the completion of the transfer of all Play Schemes and noted that the transfer process still requires support.]

AGREED – That the Chairperson on behalf of the Committee writes to relevant Cabinet Members, Directors and officers thanking them for attending the meeting on 18 October 2016 and to convey the observations of the Committee when discussing the way forward.

## 28 : FAMILIES FIRST ANNUAL REPORT 2015/16

The Chairperson welcomed Councillor Sue Lent (Cabinet Member for Early Years, Children and Families, and Deputy Leader), Tony Young (Director Social Services), Angela Bourge (Operational Manager, Resources), Ceri George (Improvement Project Manager – Prevention and Partnerships), Lee Richards (Participation Worker) and Chloe Burrage (Lead Young Inspector to the meeting).

Members were shown a video entitled 'Young Inspectors of Families First' prepared by the Young Inspectors Group with the help of the Active Involvement Team. Chloe provided Members with an overview of the Group, having initially become involved through Families First. After training she became a Young Inspector and was involved in an inspection at Ely Caerau Children's Centre where an example of good practice was use of photos being shown to young children to enable them to point at what they wanted to change. She had also sat on a number of Interviews and supported other young people to do the same.

Members were advised that some of the young inspectors have now moved on to University and College because of their age however, two of them have been retained.

Ceri George presented the report and indicated it is believed that the report celebrates the good work that has been done and provides an insight into the differences made, and, information as to what changes can be made to further enhance the services provided.

Members were invited to comment, raise questions or seek clarification on the information received. Those discussions were summarised as follows:

- Members sought clarification as to whether or not it was possible to vire funds from one project to another and were advised that if there was an overlap in programmes funding could be used in others ways. Although as a rule once the budget profile has been set there is no opportunity to vire funds. It was not possible to vire the underspend on staff of £40,000 - it had to be returned to Welsh Government.
- Members queried why it is that Cardiff, unlike most authorities, has not yet set any transitional arrangements for the end of the contract in March 2017 and was advised that the advice received was that they could not be set until such times as guidance was received for the future Families First together with budget information.

Whilst the extension of the contract has to be a Cabinet decision, notice to extend can be given and Officers confirmed that they are committed to moving forward as soon possible without any compromise of integrity.

- Members expressed concern that there may be a risk that Families First will not be in a position to continue to help families in need in light of the underspend on staff and the number of staff leaving. Officers advised that they are satisfied that Families First will continue although the format may be somewhat different.
- Members noted that the use of the Vulnerability Assessment Profile (VAP) in Schools receives additional funding from European Social Fund and queried whether or not its use will continue if the Families First Funding is withdrawn. Officers advised that the VAP is currently being funded by Families First and that a lot of the work being done is support by grants of some sort and they are aware that Families First, parenting and young people are at the core of the new programme.
- Members made reference to the report into the Troubled Families Programme in England and asked whether there are lessons to be learned and in terms of measured outcomes whilst a number of families reported some improvement how is that really assessed. Officers advised there was no certainty, the propositions can be refutable, although Flying Start is a similar programme and has been successful in changing outcomes over the long term.
- Members asked whether officers were satisfied that they were in a position to identify and help those families in need, particularly those hard to reach families. Officers advised that whilst families cannot be compelled to seek or accept help, schools, health visitors and other similar agencies, are all able to make contact to express or register any concerns. A good local community work is vital.
- Officers explained that whilst Members had hoped to be seeing a reduction in the number of children becoming Looked After or access the care system, it is, as described by a Judge 'a system in crisis' and there is still more work to be done.

AGREED – That the Chairperson on behalf of the Committee writes to relevant Cabinet Members, Directors and officers thanking them for attending the meeting.

## 29 : CORRESPONDENCE UPDATE

The report provided the Committee with the latest update on correspondence and a summary of the response received to the letter sent.

AGREED: To note the content of the report.

## 30 : DATE OF NEXT MEETING



The next meeting of the Children & Young People Scrutiny Committee is at 2.30pm on Tuesday 8<sup>th</sup> November 2016.

***This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg.***

Mae'r dudalen hon yn wag yn fwriadol

**CITY AND COUNTY OF CARDIFF  
DINAS A SIR CAERDYDD**

**CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE**

**8 NOVEMBER 2016**

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**CHILD & ADOLESCENT MENTAL HEALTH SERVICE (CAMHS) –  
BRIEFING REPORT**

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**Purpose of the Report**

1. As part of the Children & Young People Scrutiny Committee 2016-17 Work Programme, agreed at Committee in September 2016, the Committee requested a briefing on the Mental Health Services provided for Children and Young People. This report provides the Committee, with a briefing on CAMHS as provided to the Cardiff and Vale University Health Board, copy attached at **Appendix A**, for Members consideration and comment.

**Background**

2. The Committee agreed to include this item in its work programme, as the Committee was aware that there was a Child and Adolescent Mental Health Improvement Programme, which was seeking to implement a multi-agency service specification to support Part 1 of the Mental Health Measure, together with a service specification for secondary specialist CAHMS services, supported by robust financial and performance management.

**Issues**

3. The Improvement Programme included the development of a multi agency model to support young people who exhibit risky behaviour based on a risk assessment and management plan expressed as a service specification supported by the development of appropriate crisis support services.

4. Currently the Cardiff & Vale UHB commissions secondary CAMHS from Cwm Taf UHB for the residents of Cardiff and the Vale. This services links with primary care, community child health, and a range of non-NHS partner services.
5. The briefing paper, copy attached at **Appendix A**, sets out the following elements of the service:
  - Emotional Wellbeing Service;
  - Primary Mental Health Services (incorporating Mental Health Measure – Part 1);
  - Neurodevelopmental Service;
  - Secondary CAMHS (Cwm Taf provider).

### **Scope of the Scrutiny**

6. This report enables the Committee to review, assess and comment of the improvements to the CAMHS, copy attached at **Appendix A**. In particular Members may wish to consider whether the Improvement Plan provides support for vulnerable children and young people including:
  - Looked After Children
  - Children in the Youth Justice system
  - Refugee Children.

### **Way Forward**

7. Rose Whittle, Head of Operations and Delivery Community Child Health Directorate and Dr Tracey Gardiner, Clinical Director CAMHS Network will present the briefing, and will be available to answer any questions Members may have.

### **Legal Implications**

8. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not to make policy decisions. As the recommendations in this

report are to consider and review matters there are no direct legal implications. However, legal implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet will set out any legal implications arising from those recommendations. All decisions taken by or on behalf of the Council must (a) be within the legal powers of the Council; (b) comply with any procedural requirement imposed by law; (c) be within the powers of the body or person exercising powers on behalf of the Council; (d) be undertaken in accordance with the procedural requirements imposed by the Council e.g. Scrutiny Procedure Rules; (e) be fully and properly informed; (f) be properly motivated; (g) be taken having regard to the Council's fiduciary duty to its taxpayers; and (h) be reasonable and proper in all the circumstances.

### **Financial Implications**

9. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not to make policy decisions. As the recommendations in this report are to consider and review matters there are no direct financial implications at this stage in relation to any of the work programme. However, financial implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet will set out any financial implications arising from those recommendations.

### **RECOMMENDATION**

That Committee reviews the information presented at the meeting, and provides any recommendations, comments or advice to the Head of Operations and Delivery Community Child Health Directorate.

### **DAVINA FIORE**

Director of Governance and Legal Services

2 November 2016

Mae'r dudalen hon yn wag yn fwriadol

## UPDATE ON CHILDREN AND YOUNG PEOPLE'S EMOTIONAL AND MENTAL HEALTH SERVICES IN CARDIFF AND VALE

**Name of Meeting :** Board Meeting

**Date of Meeting :** 29 September 2016

**Executive Lead :** Executive Director of Public Health

**Author :** Head of Outcomes-Based Commissioning, Head of Operations and Delivery, Community Child Health 029 20336232

**Caring for People, Keeping People Well :** Delivering outcomes that matter to people

**Financial impact :** No new impacts as a result of this paper

**Quality, Safety, Patient Experience impact:** Improving quality and responsiveness of services

**Health and Care Standard Number:** 3.1, 3.3, 3.5, 5.1, 7

**CRAF Reference Number:** 2.1, 2.5, 3.1, 3.1.2, 4.3, 5.1, 5.1.5, 5.1.6, 5.3

**Equality and Health Impact Assessment Completed:** No policy changes as a result of this paper

The Board is asked to:

- **APPROVE** the progress in reshaping Emotional and Mental Health Services for Children and Young People in Cardiff and the Vale of Glamorgan.
- **SUPPORT** the strategic direction and actions being taken to further reduce waiting times.

### SITUATION & BACKGROUND

Our aim is to secure services to meet the emotional mental health and well being needs of children and young people from early support in the community all the way to highly specialist tertiary provision and always with a focus on recovery.

Currently Cardiff and Vale UHB commissions secondary Child and Adolescent Mental Health Services from Cwm Taf UHB to provide for our resident population. This secondary care service interfaces with primary care, community child health, adult mental health and a range of non-NHS partner services. The service as a whole has been reviewed. The review has recognised the need to enable support and care from prevention, early support in non hospital settings through to secondary and tertiary provision. Additional Welsh Government money received in 15/16 has been used to reshape and improve the delivery of Emotional and Mental Health Services to children and young people in Cardiff and the Vale of Glamorgan.

As a result of this investment, services have been reconfigured to ensure that support and interventions are delivered at the right place, by the right person at the right time. The increase recognition of emotional mental health and wellbeing issues in children and

young people has required early support and intervention services in particular to be developed.

The reconfiguration to enable this has included:

- Embedding the primary mental health services alongside the Community Child Health team. So Primary Mental Health workers have been transferred back into Cardiff and Vale from Cwm Taf effective from 1<sup>st</sup> April 2016.
- Neurodevelopmental services being aligned with Community Child Health and a new neurodevelopment multidisciplinary team has been established within Cardiff and Vale to be the single point of access to the shared neurodevelopment pathway between Community Child Health and specialist CAMHS. This team started accepting referrals from 1<sup>st</sup> April 2016.
- Securing access to early support and care in primary and community settings for children and young people (CYP). A new emotional wellbeing service has been commissioned from the third sector to deliver support to CYP with lower levels of need which will better meet the needs of children and young people as well as reducing referrals to Primary Mental Health and sCAMHS. So enabling children and young people to get the help and support they need in the most timely way including better access to more expert help if that is indicated. This service commenced on 2<sup>nd</sup> July 2016.

R – 13 year old male said: “by doing the ‘Inside Out’ workshop with (worker), this has helped me to put a colourful character to my emotions so I can name them”.

## ASSESSMENT

### Emotional Wellbeing Service

#### Key Developments

The decision to commission a ‘Risky Behaviours’ service was taken in 2014/15 in response to an increase in need across the population. This followed on from the outcomes of workshops with stakeholders (including GPs) which highlighting this need and a requirement to focus on prevention. A part time project manager was appointed in 2015/16 to take the commission forward. The announcement of additional Welsh Government monies and an agreement to redirect funding from a decommissioned substance misuse scheme enabled a more comprehensive service to be commissioned. (see timeline 1)



1. The service specification for the service was developed and consulted on with key partners and stakeholders. A decision was taken to commission the new service from a third sector provider.
2. We engaged with the youth council/forums in Cardiff and the Vale of Glamorgan and trained some young people to act as young commissioners to support the decision-making and evaluation of the procurement submissions. The training took place in early 2016 and was delivered by youth leaders and health board staff.
3. The procurement process ran from December 2015 to March 2016 and included receiving written submissions from interested providers and an evaluation day attended by a cross-section of professionals from the health boards, local authority partners and youth offending representatives and a team of young commissioners from across both local authority areas.
 

P – 16 year old female said: “from talking to (worker) I can see that I drink and smoke weed to block things out when I feel things are too much. I find it hard to talk to people but am trying to open up”.
4. The contract was awarded to CGL (change, grow, live) on 28<sup>th</sup> April 2016 and following an initiation period, the service commenced on 2<sup>nd</sup> July 2016. Initial feedback has been positive, although there have been some inappropriate referrals of very young children that seem to indicate an area of unmet need that is of a level not suitable for this service.

## **Primary Mental Health Services (Incorporating Mental Health Measure - Part 1)**

### **Key Developments**

The possibility of transferring Primary Mental Health Team from specialist CAMHS in Cwm Taf UHB to Cardiff and Vale UHB was scoped during 2014/2015 and agreement made that it would be better situated under the lead of Children’s Clinical Psychology rather than Adult Mental Health. This was to embed and enhance the multiagency pathways between the service and Children’s Social Services and Education. (see timeline 2)

1. The opportunity of new funding resulted in notification of service transfer. The TUPE transfer was completed by the end of March and the staff transferred on April 1<sup>st</sup> 2016
2. One staff member decided not to transfer to the UHB
3. Additional funding was received as part of the Welsh Government monies enabling recruitment to complete the team. Interviews are taking place during September.
4. The UHB inherited a significant backlog of cases awaiting Part 1 assessment with no IT system or process in place to manage these. As a result it has taken time to work through manual systems to understand the position, demand and capacity.

5. On transfer there were 215 young people under 18 waiting for Part 1 assessments<sup>1</sup> with a longest wait of 31 weeks. An intensive waiting list clinic process was conducted in July and August by existing staff, and agreement was made with adult mental health colleagues to undertake assessments for 17 olds. with year
6. The Primary Mental Health workers provide more than Part 1 assessments and their role in consultation, signposting and support to other agencies is key. The Head of Clinical Psychology is working with the team to develop and continuously improve the service model.
7. The number of referrals to the service has increased significantly may be partly attributed to primary care referring for Part 1 assessment because of the long waiting lists in Specialist CAMHS. This pattern has been seen in adult mental health and is underway to identify lessons and discuss how these may apply to children and young people's services. which work
8. Work to provide clarity for referrers on existing service links and interactions with the new Emotional and Well Being service as well as specialist CAMHS was scoped at a workshop on August 30<sup>th</sup> and this will continue to iterate and improve.

**School Senco**  
 The single point of contact makes it much easier to speak to the right person

## Neurodevelopmental Service

### Key Developments (see timeline 3)

1. A shared community Child Health and Specialist CAMHS pathway for the diagnosis of Autistic Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD) has been established with a single point of access for new referrals.
2. A new multidisciplinary team acts as the first point of contact for children and families, linking in to existing services across community Child Health and CAMHS.
3. New information packs and assessment tools for families have been agreed and introduced across both service areas.
4. The team has delivered training to schools on the new processes and are making contacts with other teams who support families.

<sup>1</sup> Comprehensive mental health assessments for individuals who have first been seen by a GP. (Individuals may be referred into the primary care service by secondary mental health services);  
 Treatment, by way of short-term psychological interventions, delivered individually or in group settings. Such treatment may include counselling, cognitive behavioural therapy, solution-focussed therapy, stress management, anger management and education.  
 Provision of information and advice to individuals and their carers about treatment and care, as well as 'signposting' them to other sources of support including third sector organisations.  
 Support and advice to GPs and other primary care workers to enable them to safely manage and care for people with mental health problems. Supporting the onward referral and co-ordination of next steps with secondary mental health services, where this is felt to be appropriate for an individual.

5. The contribution from staff of SCAMHS to the pathway has been finalised and joint follow-up arrangements agreed.
6. The introduction of the team has resulted in a whole scale review of clinic activity and delivery in Community Child Health and how this is captured in the PARIS IT system. Work with the UHB 'CSI' team is underway. The change will result in dedicated Neurodevelopment clinics being set up, both medical and nurse led.
7. A workshop to begin to scope what ongoing support to families is required has been held with Third Sector colleagues and parents. This is part of our Integrated Health and Social Care partnership work.
8. A small Strengthening Families programme pilot for Children with ADHD has been agreed with the new team referring to this programme under the direction of the Clinical Psychologist.
9. A joint service model has been agreed with Adult Mental Health services as part of Welsh Government Integrated Autism funding. This focuses on support at all ages, particularly the complexities through transition and will include a 'lifespan' Clinical Psychology post.
10. A pharmacist is in the process of looking at secondary care prescribing and to support shared care arrangements with General Practice. In addition the nurses and pharmacist are undertaking the independent prescribing course.
11. Community Child Health staff have agreed to take responsibility for the assessment of the remaining Children and Young People on the SCAMHS (Cwm Taf provider) waiting list. A waiting list proposal has been agreed which began in September. The plan is to see all waiting patients by the end of March so that moving forwards there will be one clear waiting list across the two services.

### **Secondary CAMHS (Cwm Taf Provider)**

#### **Key Developments**

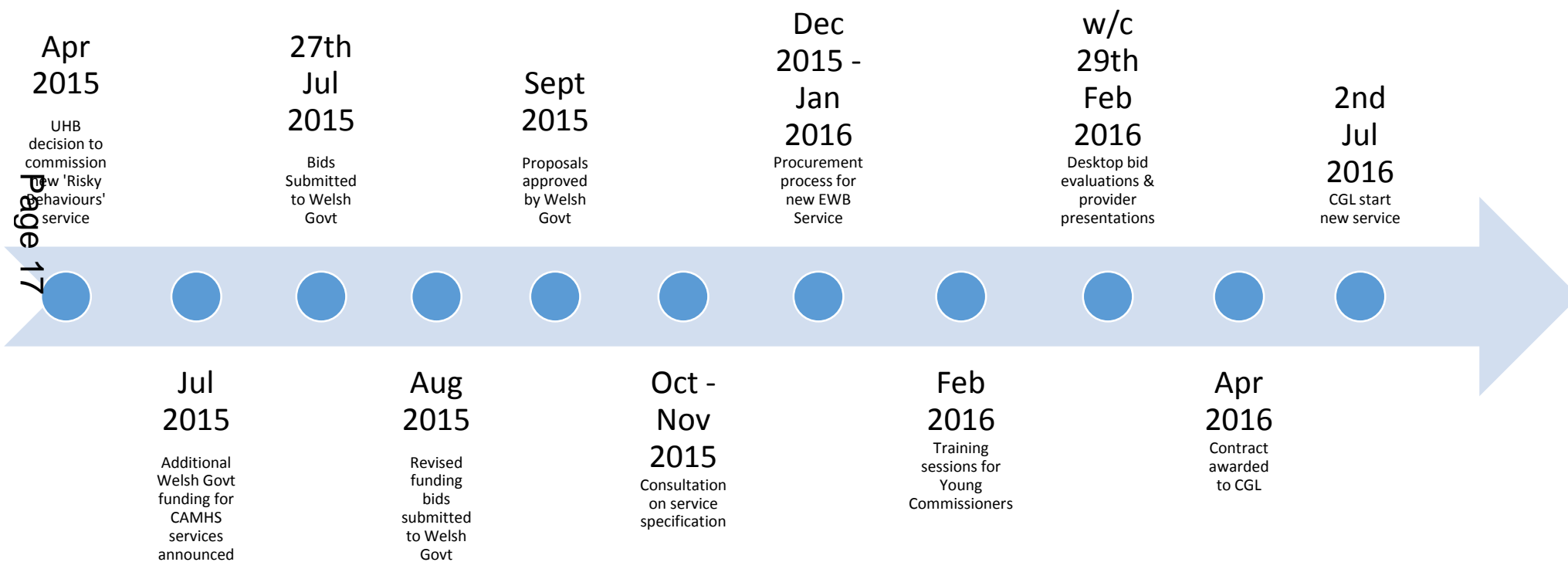
1. Cwm Taf UHB are commissioned to provide secondary CAMHS services for the population of Cardiff and Vale University Health Board.
2. Over the next 18 months they will move to the Choice and Partnership Approach (CAPA) model which aims will improve outcomes for young people and improve flow through the system.
3. High levels of sickness and absence within the Cwm Taf service have meant that waiting list initiative clinics have not had any impact on the overall waiting list as the position has been maintained.
4. Cardiff and Vale UHB have agreed to fund a waiting list initiative based on a brief intervention model and a changed system of delivery which is planned to reduce the

waiting list to within 28 days by the end of March 2017. This will be funded from non-recurrent slippage within the existing CAMHS budget.

5. Profile and waiting list information is included in the appendix to this paper.

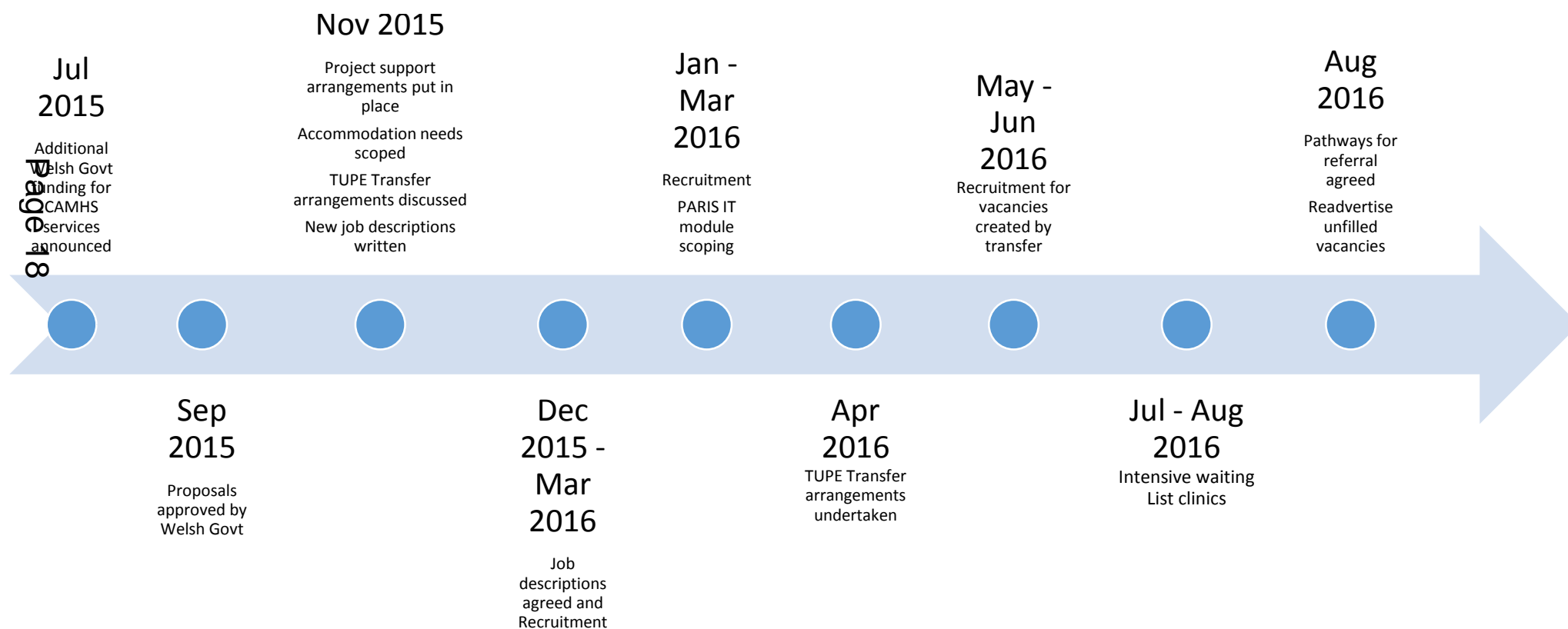
# TIMELINE 1

## Emotional Wellbeing & Support Service *Commissioning Timeline*



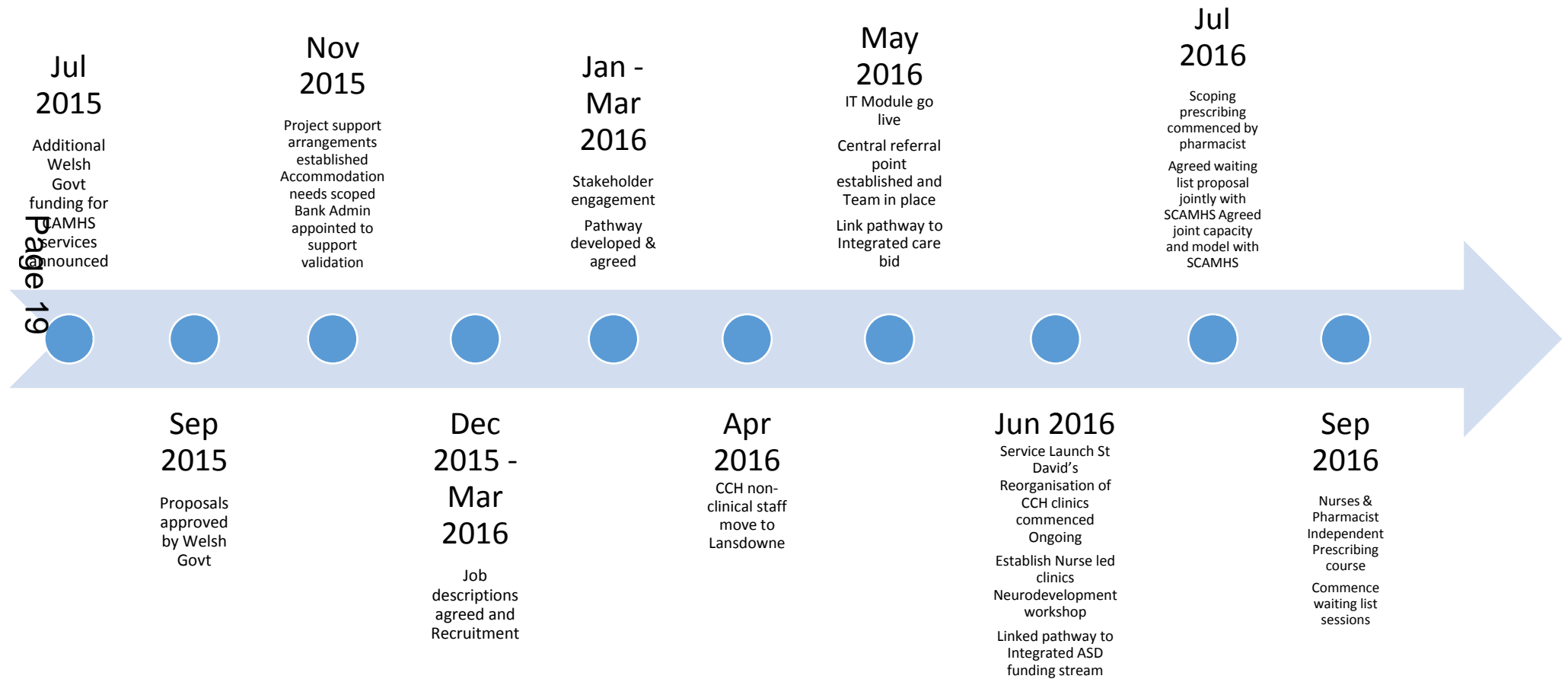
## TIMELINE 2

# Primary Mental Health Team *Transfer and Implementation Timeline*



## TIMELINE 3

# Neurodevelopment Multidisciplinary Team *Specification and Implementation Timeline*







**CITY AND COUNTY OF CARDIFF  
DINAS A SIR CAERDYDD**

**CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE**

**8 NOVEMBER 2016**

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**CHILD HEALTH AND DISABILITY PLAN - UPDATE**

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**Reason for the Report**

1. To provide the Committee with an updated progress report on the implementation of the Child Health and Disability Team's Development Plan (**Appendix A**), staff briefing (**Appendix B**), Disability Booklet (**Appendix C**), and October 2016 newsletter for children and young people with disabilities and additional needs, (**Appendix D**). This Plan addresses and builds on the recommendations included in this Committee's inquiry report in to Child Health and Disability Team (CHAD).

**Background**

2. The Cabinet approved a response to the Committee's inquiry report at its meeting on 15 December 2014. The report noted that the findings and recommendations are comprehensive and relate to a very wide range of complex strategic, policy and practice issues in relation to services for disabled children and their families. Several of the key findings and recommendations can only be realised over a sustained period and programme of improvement.
3. The response report also included a copy of the Child Health and Disability Team's Development Plan. Members commented that they wished to receive a further update of the plan at a future Committee meeting.

4. The Committee received its last progress report on the implementation of the Development Plan and inquiry recommendations at its meeting on 15 September 2015, when the Committee wrote to welcome that the Disability Team was more stable and that the take up of direct payments had improved. Members, however expressed some concern that there was still some partnership to be undertaken and that the eligibility criteria had still not been developed, and that consultation on the criteria should start as soon as possible. The Committee also recommended that regular consultation with children, families and carers should be started as soon as possible.
5. The Cabinet responded to the letter confirming that they agreed with its contents and that further updates on the Development Plan would incorporate the Committee's recommendations.
6. The latest update highlights that many of the Development Plan's actions are now embedded within the new Disabilities Futures programme with Cardiff's Children's Services being at the centre of the regional integrated programme. Among the many changes in the operational functioning and effectiveness of services that have been implemented in relation to CHAD and disabled children are the following:
  - The establishment for the first time of a Disability Index from 1 April 2016;
  - Permanent team managers and stability of leadership and staff teams;
  - Proactive safeguarding practice;
  - Greater effectiveness and flexibility in aligning commissioned provision to the needs of individual children and their families;
  - More coherent transitional support with significantly greater coherence and commonality of approach across the new Social Services Directorate;
  - Strengthening partnerships with parents and carers.
7. Maintaining the quality of service now delivered by the Child Health and Disability Team is essential in the success of the Disability Futures Programme. The involvement of the Operational Manager, Sarah Woelk,

has been key in ensuring leadership and flexibility in addition to providing consistency for families and children whilst services evolve. This ongoing engagement is a commitment in ensuring the development of services for children with disabilities in line with the aspirations within the Disability Futures Programme.

### **Scope of Scrutiny**

8. The scope of this scrutiny is to consider the Children Health and Disability team's development plan, and to pass on any observations, comments or recommendations to the Director of Children's Services.
  - a. the progress being made to undertake the Actions identified in the Development Plan;
  - b. the impact of the actions to improve the effectiveness of the support for disabled children and young people;
  - d. any identified risks and the appropriateness of any proposed countermeasure;

### **Way Forward**

9. Councillor Sue Lent (Cabinet Member for Early Years, Children & Families) has been invited and may make a statement. Tony Young, Director of Social Service have been invited to present the Development Plan and to answer any questions Members may have.
10. Members are invited to consider the information set out in the attached report and to identify any issues on which they would wish to receive further information.

### **Legal Implications**

11. The Scrutiny Committee is empowered to enquire, consider, review and recommend, but not to make policy decisions. As the recommendations in this report are to consider and review matters there are no direct legal

implications. However, legal implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to the Cabinet/Council will set out any legal implications arising from those recommendations. All decisions taken by or on behalf of the Council must (a) be within the legal powers of the Council; (b) comply with any procedural requirement imposed by law; (c) be within the powers of the body or person exercising powers on behalf of the Council; (d) be undertaken in accordance with the procedural requirements imposed by the Council e.g. Scrutiny Procedure Rules; (e) be fully and properly informed; (f) be properly motivated; (g) be taken having regard to the Council's fiduciary duty to its taxpayers; and (h) be reasonable and proper in all the circumstances.

### **Financial Implications**

- 12.** The Scrutiny Committee is empowered to enquire, review and recommend, but not to make policy decisions. As the recommendations in this report are to consider and review matters there are no direct financial implications at this stage in relation to the work programme. However, financial implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet/Council will set out any financial implications arising from those recommendations.

### **RECOMMENDATION**

Committee is recommended to consider the contents of the Development Plan attached at **Appendices A to D** and provide the Cabinet Member and Director with any comments, concerns or recommendations.

**Davina Fiore**  
**Director Governance and Legal Services**  
**2 November 2016**

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## **Summary**

There has been a continued drive by the service area and partner agencies to achieve the outcomes set out in the development plan, in addition to setting new outcomes. The plan on page 2 will provide the detail setting out the progress made and highlight areas which continue to be developed.

Whilst reviewing and updating this plan with partner agencies it has become clear that people have invested a lot of hard work and commitment to continue to develop services that build on the previously noted improvements; this is reflected within the action plan.

The team managers comment that the service grows from strength to strength with continued development alongside high quality delivery. Alongside providing a service to the most vulnerable children in our city, the team has embraced the opportunity to consider developments and new ways of working that improve outcomes for disabled children and young people.

Much of the progress noted, has become 'business as usual', with mechanisms now in place to ensure this standard is maintained. Child Health and Disability Teams (CHAD) remain integral to the wider Childrens Services Teams, in addition to providing specialist support and interventions to those with complex additional needs.

## **Moving Forward – The Disability Futures Programme**

Many of the actions noted within the development plan are now embedded within the new **Disability Futures Programme** with Cardiff Childrens' Services at the centre of this regional integrated programme.

The programme is underpinned by strategic leadership commitment across Health, Education and Social Care across the Cardiff and Vale of Glamorgan region. As a result of this commitment, a proposal submitted to Welsh Government Intermediate Care Fund to provide funding to develop services for children with the most complex needs and adults with learning disabilities was successful to the amount of £2.54m. An outline of this programme is provided in Appendix B.

The **Disability Futures Programme** has also recently secured funding to be an early implementer of the Welsh Government funded **National Integrated Autism Service**, a 3 year funded initiative to embed an integrated lifespan service for people with Autism.

The development of this overarching strategic programme now provides the key lever for ensuring a step change in the prioritisation of services for disabled children and brings it within the multi-agency governance framework of the statutory Regional Partnership Board formed as a consequence of the Social Services and Well Being Act 2014.

Whilst the strategic **Disability Futures Programme** places disabled children and adults with complex needs at the highest level regionally, so too it is underpinning the continued direction of travel of the CHAD. The recruitment of a Change Manager has seen significant developments in the strategic development of the Child Health and Disability Team. This post has enabled fresh thinking and clarity in the future progression of the service as an integrated approach to supporting our most vulnerable children.

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Among the many changes in the operational functioning and effectiveness of services that have been implemented in relation to CHAD and disabled children are the following:

- The establishment for the first time of a Disability Index from 1<sup>st</sup> April 2016
- Permanent Team Managers and stability of leadership and staff teams
- Proactive safeguarding practice
- Greater effectiveness and flexibility in aligning commissioned provision to the needs of individual children and their families
- More coherent transitional support with significantly greater coherence and commonality of approach across the new Social Services Directorate
- Strengthening partnerships with parents and carers

### **Next Steps**

Maintaining the quality of service now delivered by the Child Health and Disability Teams is essential in the success of the Disability Futures Programme. The involvement of the Operational Manager, Sarah Woelk, has been key in ensuring leadership and flexibility in addition to providing consistency for families and children whilst services evolve. This ongoing engagement is a commitment in ensuring the development of services for children with disabilities in line with the aspirations within the Disability Futures Programme.

Tony Young  
Director Social Services

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**Version:** Draft 0.9

**Date:** Updated October 2016

<b>Vision Statement</b>	<p>Cardiff Child Health and Disability Services will ensure that:</p> <ul style="list-style-type: none"> <li>• Disabled Children are supported to live safely within their families, realise their aspirations and achieve their full potential</li> <li>• Where they cannot live at home disabled children will experience best care available within resources</li> <li>• Support disabled young persons towards achieving a smooth and safe transition to enabled adulthood</li> </ul>
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### 1. Area of Activity: **Strategy and Commissioning**

Page 27	<b>Outcomes</b>	<ul style="list-style-type: none"> <li>• People are be able to access services which are carefully planned in the short and medium term, and which are available at the right time, in the right place and at the right price. In all our planning, we             <ul style="list-style-type: none"> <li>○ Listen carefully to service users and carers</li> <li>○ Work collaboratively across all partners and providers</li> <li>○ Rely on sound evidence about needs and about effectiveness</li> </ul> </li> <li>• The range of resources available meets the needs of children and young people.</li> <li>• Strategic Plans due account of the needs of carers</li> <li>• Children and young people are supported to live with their families rather than becoming looked after where it is in their best interest to do so.</li> <li>• Children and young people are supported to be as independent as possible, and to develop life skills, including access to universal and community based services, training and employment opportunities.</li> <li>• Children and young people who are looked after are supported in their preparation for independent living.</li> <li>• Young people leaving care are supported to live independently with access to appropriate Health and Social Care Services where eligible.</li> <li>• Sustainable financial plans deliver strategic objectives and best possible value for money.</li> </ul>
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	Action	Timescale	Progress	Responsibility	RAG Status
<b>Strategy</b>					
1.1	Finalise and agree an integrated multi-agency strategy for disabled children and their families.	Achieved - Moved to the	The Multi-Agency Strategy group has now been replaced with the Regional Integrated Programme Board as strategic direction for developing services for disabled people across Cardiff and the Vale of Glamorgan. In addition, a Regional	Inter-agency	

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	Action	Timescale	Progress	Responsibility	RAG Status
		Disability Futures Programme	<p>Operational Implementation Group has been established to drive forward change and continuous improvement of services for disabled children, young people and young adults across Health, Social Care, Education and the VS.</p> <p>A new strategy is likely to form part of this work, but is currently not essential in supporting the progress of the integrated agenda</p>	– led by Cardiff Council	Green
1.2 Page 28	<p>Establish inclusive processes for engaging stakeholders more effectively in planning and commissioning. (Links to Scrutiny recommendations R13)</p>	<p>Completed</p> <p>Moved to the Disability Futures Programme for completion by April – July 2017</p>	<p>Following an options appraisal Cardiff Council progressed with the provision of a Disability Index from 01/04/2016 delivered via the Family Information Service and in partnership with the Vale of Glamorgan. This is the first stage of engagement for planning and commissioning of services based on known needs inclusive and external to the LA.</p> <p>This has also strengthened the accessibility of information for parents for generic disability information which is region wide, although is in early delivery and registration. This provides a platform for providing information on future planning and commissioning once established.</p> <p>It is recognised that this service is still in infancy and will require monitoring as it evolves and has therefore been included in the Disability Futures Programme</p> <p>Representation at the DFG Operational meeting includes wider stakeholders and the third sector to ensure an inclusive approach from the outset. This group is tasked with establishing stakeholder sessions as and when required in the planning and commissioning of services within the integrated agenda.</p>	Eve Williams Families First Commissioning lead Sarah Woelk	Green



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	Action	Timescale	Progress	Responsibility	RAG Status
1.3	Explore opportunities to develop regional partnerships	Achieved	<p>The change manager came into post on 05 October. A number of strong regional partnership arrangements are now in place with a clear direction of the Disability Futures Programme. As a result, a £2.4m investment into services for children with complex needs and adults with LD for the next financial year (2016/17) in addition to a regional Integrated Autism Service over the next 3 years has been secured.</p> <p>This has directed the work plan of the Change Manager and the Regional Programme Board with an opportunity to progress multiple areas of development across the region and partnerships.</p>	Eve Williams	Green
		January 2017	<p>Resources from these funds have been allocated to implement individual projects or pilots to ensure full reach and examples of regional possibilities.</p> <p>Further work is now required to build in sustainability of approaches for the future as directed by the Disability Futures Programme</p>	Integrated Partnership Board	Green
<b>Commissioning</b>					
1.4	Review services, identify commissioning priorities and re-commission where appropriate. <a href="#">(Links to Scrutiny recommendations R12)</a>	Ongoing within the Disability Futures Programme	<p>Commissioning priorities have been reviewed and where appropriate those with regional or integrated possibilities have been included into the Disability Futures Programme. Short term commissioning of pilot projects through the additional resources acquired will inform longer term commissioning priorities over the next 18 months.</p>	Eve Williams & LM's/ Commissioning & Procurement	Green/ Amber
		Achieved	Direct Payments continue to be an option promoted within the team, although reviewed regularly to ensure		Green

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	Action	Timescale	Progress	Responsibility	RAG Status
Page 30		& Ongoing	appropriateness. The Team Manager for CIN7 is engaged within discussions for the further development of the use of Direct Payments across the Social Services Directorate to ensure consistency of approach	Sara Brown	
		Ongoing within the Disability Futures Programme Jan – July 2017	<p>The planning and implementation of the integrated Health and Social Care overnight short stay service model at Ty Storrie continues to progress. There is a maintained commitment to drive forward this model of provision and this area of work has been included into the Disability Futures Programme.</p> <p>Consultation has been undertaken by the Team Manager of CIN8 and the Change Manager with families from the LA, with consultation with health families planned. Additional consultation with health and social care staff and the current provider is also planned. This consultation will inform a new specification for the service which moves away from the current model of care to a new more flexible delivery method which aligns with the SSWBAct.</p> <p>This has caused some delay, but will result in a new flexible service being fit for purpose which will support the future longer term commissioning of the service</p>	Eve Williams Amy Reed Sarah Woelk	Amber
			Commissioning and Procurement are involved to support the longer term tendering of this service	C&P	Green
		March 2017	Reviewing care packages is now complete and ongoing. This has informed new and emerging priorities which are now in discussion between provider and Team Manager.	Amy Reed and Sarah Woelk	Green

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	Action	Timescale	Progress	Responsibility	RAG Status
		March 2017	OD support within the Disabilities Futures Programme will now support a scoping of need exercise to inform additional commissioning priorities, which if integrated will remain within the DFP. If not, this will progress outside of the programme.	OD (Michael Walsh) Eve Williams Sarah Woelk	Amber
Page 31	1.5 Engage partners through the Children and Young People's Programme Board in developing and extending special needs play schemes on a sustainable basis in order to meet the needs of children and young people during school holidays, with effect from summer 2014.	March 2017 and ongoing within the Disability Futures Programme where regional	This was taken forward by the Team Manager for CIN 7 with a costings appraisal for integrating individual packages of care. Further development in this area has halted but will be included into the scoping exercise undertaken. There remains a gap in service provision for play schemes for younger children. However, those children open to Child Health and Disability Teams who do not have access to a play scheme have their needs met through other services provided as part of their care plan.	Team Managers and Sarah Woelk	Amber
			The commissioning of play schemes – or alternatives that meet the needs of those assessed - will progress within Disability Futures Programme under the regional joint commissioning of services project. Further scoping work is required to fully understand the range of needs within the CHAD caseload and additional Business Analyst Support has been provided through the OD department to support this.	Eve Williams OD Team	Amber
			Engagement with Families First Leads has led to early discussions around the joined up approach required for re-commissioning of services to avoid duplication, with maximum impact for families and their children.	Eve Williams/Ceri George	Green
1.6	Establish strengthened arrangements for monitoring to ensure the quality of services are	Completed and now ongoing practice for	Significant progress has been maintained to demonstrate sustained effectiveness. For example:		



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<b>Outcomes</b>	<ul style="list-style-type: none"> <li>• Disabled children, young people and their families will be able to find out where and how to get the help they need when someone may be at risk.</li> <li>• Disabled children, young people and their families are able to find information about available services.</li> <li>• Disabled children, young people and their families will receive an appropriate and timely response when they contact Children's Services.</li> <li>• Equality and diversity issues are effectively included in planning and implementation of services in order to most appropriately meet the needs of all children and young people.</li> <li>• Children and young people are supported by staff from the most appropriate statutory agency or service provider, who understand and carry out their safeguarding responsibilities effectively.</li> </ul>				
	<b>Action</b>	<b>Timescale</b>	<b>Progress</b>	<b>Responsibility</b>	<b>RAG Status</b>
Page 33	2.1 Develop information resources in conjunction with stakeholders. (Links to Scrutiny recommendation R12)	Completed	Complete – the Disability Index Service is now hosted within the Family Information Service which has provided an ongoing platform for the accessibility of information and wider distribution of information to families which covers both Cardiff and the Vale of Glamorgan. This will be ongoing and include maintaining information on council services for disabled children in addition to the wider service directory within the regional information platform 'Dewis'	Sarah Woelk Eve Williams	Green
		Ongoing within the Disability Futures Programme	Future events within schools, hospitals and other community venues are planned to ensure a wide reach. This will include supporting the registration of individuals onto the Disability Index, which will provide registered families with a quarterly newsletter informing them of activities and services across the Cardiff and Vale of Glamorgan region. (Appendix c)	Avril Hooper – Family Information Services	Green
2.2	Review, in association with stakeholders, the referral process and eligibility criteria for services to be delivered by the Child Health and Disability Team. (Links to Scrutiny recommendation R9, R11, R14)	Completed but ongoing review in line with new legislation	Review within the Disability Futures Programme has highlighted the variation in access to CHAD teams across Cardiff and the Vale of Glamorgan. The implementation of the SSWB Act has opened opportunities to discuss how this might be aligned in the future, with a clear focus on needs, assessment and lowest level intervention, as opposed to eligibility and threshold. This will be ongoing over the course	Sarah Woelk Eve Williams	Amber / Green

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	Action	Timescale	Progress	Responsibility	RAG Status
			<p>of the Disability Futures Programme. Additional investment through the ICF programme has allowed for a pilot project to develop a regional complex needs service which will bring opportunities to discuss this further.</p> <p>Current access to the Child Health and Disability Team is via a proportionate assessment of need under the new SS&amp;WB Act.</p>		
2.3 Page 34	Establish processes to ensure that parents of disabled children are fully informed of any changes in services that affect them or their children. (Links to Scrutiny recommendation R10)	Completed	<ul style="list-style-type: none"> <li>Integrated into Core Social Work delivery</li> </ul>	Sarah Woelk	Green
2.4	Ensure effective alignment of eligibility so that children are appropriately stepped up or down between Children's Services and Families First on a timely basis. (Links to Scrutiny recommendation R11)	Completed and ongoing	This is now core service delivery within CHAD teams and the Disability Team Around the Family with an embedded process for families who move across service delivery areas.	Sarah Woelk	Green

### 3. Area of Activity: Service Standards and Quality

<b>Outcomes</b>	<ul style="list-style-type: none"> <li>Children and young people will receive an appropriate and timely response to safeguarding concerns.</li> <li>Where children and young people are eligible, they receive an appropriate and timely response to their needs.</li> <li>Children and young people have up to date good quality sustainable care plans that ensure their needs are met.</li> </ul>
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	Action	Timescale	Progress	Responsibility	RAG Status
			<p>complex need service within the ICF funding (Appendix B)</p> <p>Further discussions have supported the additional co-location of this complex needs pilot within regional education settings strengthening the opportunities to integrate further</p>		
Page 36	3.3 Adapt CareFirst so that it is fit for the purpose of recording and case managing child health and disability services ( <a href="#">Links to Scrutiny recommendation R2, R15</a> )	Completed	<p>All tasks noted previously are complete with the following exception</p> <ul style="list-style-type: none"> <li>Plans in progress to established a Register of Disabled Children, using the CareFirst application, in accordance with the statutory guidance of the Children Act 1989. Analysis of requirements underway to inform technical specification. Change Manager will progress this in line with the integrated approaches across Cardiff and Vale</li> </ul>	Sarah Woelk	Green
			<p>The decision to host the register of disabled children within the Disability Index as provided by the Family Information Service has provided an alternative resolution to this.</p>	Eve Williams	
	3.4 Ensure that CareFirst is being used for case recording, recording service provision and to manage performance.	Completed and ongoing	<ul style="list-style-type: none"> <li>Authorisation processes continue to ensure management oversight for decisions and early resolutions to issues recorded.</li> </ul>	Team Managers	Green
	3.5 Make sure that all children have an appropriate care plan and are reviewed within the required timescales.	Completed and Ongoing	<ul style="list-style-type: none"> <li>All Children have care plans which are reviewed within the timeframes noted within their plan.</li> <li>These reviews are ongoing and inform ongoing strategic planning of future services and timely transition arrangements for young people progressing into adulthood.</li> </ul>	Team Managers	Green





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**4. Area of Activity: Workforce**

<b>Outcomes:</b>	<ul style="list-style-type: none"> <li>• Our workforce is recruited, managed and developed effectively to deliver the best possible outcomes for service users.</li> <li>• The workforce has the capacity to respond to the changing needs of our population.</li> <li>• Members and senior managers with direct responsibility for social services provide a clear sense of direction, and establish a culture of open communication, continuous learning, and accountability, keeping in close touch with the “front-line”.</li> </ul>				
	<b>Action</b>	<b>Timescale</b>	<b>Progress</b>	<b>Responsibility</b>	<b>RAG Status</b>
Page 38	4.1 Agree and implement a structure where roles are clearly defined. (Links to Scrutiny recommendations R1, R3, R5, R6, R14)	Completed	<ul style="list-style-type: none"> <li>• A structure is now in place for both teams with Team Manager, Principal, Grade 8 Social Workers, Grade 7 Social Workers and Social Work assistant.</li> <li>• This supports effective recruitment as staff move on and consistency for staff across both teams.</li> <li>• This model has supported the new complex needs service (ICF) with the principal regional social work post being hosted within Cardiff, with additional social work staff within this.</li> <li>• Additional staff will be recruited into the health service to support new approaches and roles will be clearly defined within this.</li> <li>• This service will evolve over the next 6 months and will reflect the structure over all CHAD teams across the region supporting a move to a regional approach.</li> <li>• Regular quarterly meetings take place across Families First Services and the Special Needs Health Visitors to ensure clarity of roles and responsibilities is maintained throughout the delivery and development of services</li> </ul>	Sarah Woelk	Green
				Eve Williams Amy Reed Helen Jones Lead Nurse	Green
				Amy Reed	Green
4.2	Recruit and select sufficient social workers, in accordance with the Council’s Recruitment and Selection policy. (Links to Scrutiny recommendations R1, R6, R8).	Completed	<ul style="list-style-type: none"> <li>• All posts are now filled, with targeted processes in place to support timely recruitment</li> <li>• Take up of interest within the Complex Needs Services has seen all posts filled via secondments of staff within the Council expressing an interest in working within CHAD</li> <li>• CHAD posts have been the first to be recruited to within</li> </ul>	Sarah Woelk  Amy Reed	Green

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	Action	Timescale	Progress	Responsibility	RAG Status
			the new ICF projects demonstrating the commitment and enthusiasm of the team to support new ways of working.		
4.3	Advertise for Occupational Therapist (22.5 hours post) and recruit.	March – July 2017	<p>Agency OT continues to provide the essential support from within CHAD to families in need of this service.</p> <p>The appointment of permanent staff has been delayed whilst discussions have taken place to explore the possibilities of regionalising and integrating this service area.</p> <p>This restructure of service is likely to sit within the Disability Futures Programme with involvement from Health, Childrens Services, Adult Services and across the region to move towards a consistent and integrated approach for families who need Occupational Therapy for their children.</p>	Sarah Woelk Eve Williams Anne Taplin Alison McDonald Adult Services	Amber
4.4	Agree and undertake training programmes (Links to Scrutiny recommendations R7)	Complete	Ongoing – staff have attended all the SS&WB Act training and are now enrolled to complete the signs of safety. Additional targeted training is planned as part of the complex needs service and Integrated Autism Services which staff will be supported to attend.	Sarah Woelk  Team Managers	Green
4.5	Create a working environment that is attractive, appealing and has clear channels of communication. (Link to Scrutiny recommendations R4, R8)	Completed	<ul style="list-style-type: none"> <li>The team are now located within County Hall on site with their Operational Manager and all other teams within Childrens Services.</li> <li>There is ease of access to the Integrated Change Manager which supports the communication around development within the Disability Futures Programme</li> <li>Staff have been supported to work under the new Agile working policy and have been issued IT equipment to support working from a variety of sites including home.</li> <li>Staff have been supported to access Ty Gwyn School as a first step to having a presence within school settings</li> <li>Weekly team meetings across both CHAD teams support</li> </ul>	Sarah Woelk  Team Managers	Green

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	Action	Timescale	Progress	Responsibility	RAG Status
			a cohesive approach across CIN7 & CIN8 <ul style="list-style-type: none"> <li>• There is full inclusion and involvement of the OM and Team Managers from CHAD in the redesign and development of services within the Disability Futures Programme.</li> </ul>		

DRAFT

## **Services for Children with Complex Needs and Adults with Learning Disabilities to Get Funding Boost**

An exciting opportunity has arisen through the Intermediate Care Fund, Social Care (ICF) to support enhanced delivery for children with complex needs and adults with learning disabilities across Cardiff and the Vale of Glamorgan. The aim of the 2016-17 ICF is to drive and enable integrated working between social services, health and housing and the third and independent sectors.

It should be noted that at present commitment for this resource is currently for one year only although it is fully expected that this will be extended into future years.

Through earlier and ongoing consultation with parents, young people and service users, in addition to consultation with practitioners and staff across all areas of delivery, the ICF will bring additional resources to support improvements in a number of areas across Cardiff and the Vale of Glamorgan, including the following:-

### **WHAT WE'LL BE FOCUSING ON - PRIORITY IMPROVEMENT AREAS**

**Disability expertise front-door services** – To improve initial access to Information, Advice and Assistance services to parents and carers of children with a disability.

**Co-ordination and support services for young people with neurodevelopmental conditions** – Provision of additional support to provide an early intervention, coordinated approach to those identified with additional needs through the neurodevelopmental pathway

**Regionalised integrated complex needs service for children and young people**  
**Holistic** multi-agency approach to co-ordinate integrated assessment, planning and allocation of resources. This will reduce duplication, join up service delivery and support a seamless transition into adulthood for those young people with the most complex needs across Cardiff and the Vale of Glamorgan.

**Parenting support for parents with learning difficulties and young children** – Direct work to enable parents with learning difficulties to develop the skills to be able to meet the care and support needs of their children, reducing the likelihood of their children being removed into local authority care.

**Enhanced transition arrangements** – Supporting adult services with additional capacity to undertake earlier assessments and contribute to a seamless care and support plan. This approach will support better longer term planning for those with more complex needs, enabling a home first approach and prevent the need for young adults to live out of area.

**Enhanced learning disability enablement (previously funded through RCF)** – To continue to review care packages for adults with learning disabilities ensuring that appropriate and cost effective, innovative, solutions to meeting need are being provided close to home, and within the local community.

**Enhanced day opportunities for adults with a learning disability** – To support adults to access day opportunities locally, reducing spend on out of area day opportunities to maximise services. Enhancing day opportunities with additional nursing support allowing for staff to be more confident in delivering complex care and support plans for those adults who have a higher level of need.

**Supported accommodation for young adults with complex needs** – This will provide local and specialised accommodation for young adults with learning disabilities and complex needs. This model will work towards a local delivery model of care and support to enable young people to return to their local area to live, within their local communities, reducing the need for out of area placements.

**Bespoke flexible respite provisions** – To support and maintain carers to be able to continue in their role, Adult Placement Schemes delivered regionally would provide more adults with the opportunity to receive their respite locally in a home based community environment. Existing respite provision would be enhanced in order to facilitate this. For individuals who require more specialised respite, a remodelling of provision on a regional basis will support a regional approach to meeting the specialised respite needs of adults with complex needs.

## **HOW ICF WILL SUPPORT THE PRIORITIES**

As a result of new funds a number of new posts are being developed across the Social Services Directorates and the Health Service to support the implementation of the programme. These include a Project Manager post, hosted within Cardiff and Vale UHB to work under the guidance and direction of the Integrated Operational Change Manager and Regional Operational Manager for Adult Learning Disabilities.

A number of other posts will be advertised in the near future and **applications would be welcomed from enthusiastic people who are open to a new challenge** to apply your passion for achieving positive outcomes for people in a way that will see significant and lasting improvements in the way our services are delivered.



# Disability Index



**Does your child have a condition or impairment that impacts their everyday life? Then you can sign them up to the Disability Index...**

## What is the Index?

The Index is a register of children and young people with disabilities and additional needs in Cardiff and the Vale of Glamorgan.

The Index aims to:

- Give a clear picture of how many children and young people with disabilities and additional needs there are in Cardiff and the Vale of Glamorgan, which helps agencies to work together to plan better services. These agencies include: Social Services, Education, Health and voluntary organisations;
- Identify and influence services based on current and future needs of children and young people with disabilities and additional needs;
- Help inform families about the services and activities that are available to them;
- Provide parents/carers with the opportunity to discuss their needs and suggest ways to improve the planning and co-ordination of services.





## Who can sign up to the Disability Index?

In order to be signed up to the Index, you must:

- Have a diagnosed disability, be in the process of diagnosis or have confirmed ongoing additional needs;
- Be aged 0-18 years.

## Why sign up to the Index?

Once signed up to the Index you will:

- Receive information to keep you up to date with new services and activities;
- Receive the quarterly newsletter the 'Index' and specific mail-outs;
- Have the opportunity to contribute articles, news and events to share with others on the Index;
- Help and influence the type of services being offered and developed.



### What information do we need?

- Basic information e.g. name, date of birth, contact details, school attended;
- Details of the disability (if known) and any additional requirements;
- Details of the services accessed/received;
- Whether you need any more information or support.

### Who will see this information?

- The information will be held confidentially on a secure system within each Family Information Service;
- Your personal details will not be shared with anyone unless you agree to it.
- Anonymised statistical information will only be available on request from agencies responsible for planning/providing services for children and young people with disabilities and additional needs;
- All data or requests for information will strictly be administered and monitored by the Disability Index Administrator under the Data Protection Act 1998;
- Registration to the Index is entirely voluntary.



## Disability Index Administrators:

Cardiff	Vale of Glamorgan
Family Information Service The Conference Centre East Moors Road Cardiff CF24 5RR Tel: 029 2035 1700	Family Information Service Dock Office Subway Road Barry CF63 4RT Tel: 01446 704736

**Email:** [DisabilityIndex@cardiff.gov.uk](mailto:DisabilityIndex@cardiff.gov.uk)

**Website:** [www.cardiff-fis.info](http://www.cardiff-fis.info)

**Email:** [DisabilityIndex@valeofglamorgan.gov.uk](mailto:DisabilityIndex@valeofglamorgan.gov.uk)

**Website:** [www.valeofglamorgan.gov.uk/disabilityindex](http://www.valeofglamorgan.gov.uk/disabilityindex)

*If you require correspondence to be sent in another format e.g. large print, Braille, other languages, CD. Please contact the Index Administrator.*



## Useful Contacts:

### Cardiff & Vale University Health Board:

Llandough Children's Centre – 029 2070 5580  
St David's Children's Centre – 029 2053 6789  
Cardiff & Vale Child Health Directorate – 029 2074 7662

### City of Cardiff Council:

Child Health and Disability Team – 029 2053 6400  
Disability Team Around the Family – 029 2022 8033

### Vale of Glamorgan Council:

Child Health and Disability Team – 01446 704285  
Children and Young People Services – 01446 725202

*This leaflet has been produced by City of Cardiff and the Vale of Glamorgan Councils in partnership with Cardiff & Vale University Health Board. Working together to plan services for disabled children up to the age of 18 years old.*



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board



Gwasanaethau Gwybodaeth i Deuluoedd  
Family Information Services



Issue 19  
October 2016



The newsletter for children and young people with disabilities and additional needs in Cardiff and the Vale of Glamorgan

**What's on? page 3**

**What's new? page 6 & 7**

**Training for Carers page 10 & 11**



# AUTUMN UPDATE

**We hope that you all had a lovely summer and that you have been eased in gently to the Autumn term.**

This issue is packed full of fabulous articles, service updates and dates for your diary.

Since the last edition of the newsletter, Cardiff Family Information Service has been working with a number of organisations and partners to find out how they can help us to get people registered on the Index and spread the word about the Index going live in Cardiff.

Cardiff Family Information Service are in the process of recruiting their very own Disability Index Administrator which will enable even more progress to be made to establish the Index in Cardiff.

We have now got almost 100 families registered in Cardiff and this will continue to grow over the next few months as we start to attend more outreach events and activities in the City.

If you see the team when we are out and about please come over for a chat and to find out more about what services and activities are out there for you and your family.

You can also follow us on Facebook and Twitter which can be accessed through our websites at [www.cardiff-fis.info](http://www.cardiff-fis.info) and [www.valeofglamorgan.gov.uk/fis](http://www.valeofglamorgan.gov.uk/fis) where you can access our directories of childcare, support services for families and activities.

As always, please don't hesitate to get in touch with either of the Family Information Service's for further information regarding anything in the newsletter or anything else which you think we could help with!

Happy reading!

**Julia Sky**  
**Disability Index Administrator**  
**Vale Family Information Service**  
**[disabilityindex@valeofglamorgan.gov.uk](mailto:disabilityindex@valeofglamorgan.gov.uk)**  
**01446 704 736**

**For Cardiff please contact:**  
**[disabilityindex@cardiff.gov.uk](mailto:disabilityindex@cardiff.gov.uk)**  
**029 2035 1700**

The Index is funded by  
Welsh Government's Families  
First Grant.



## Vale of Glamorgan Families First Advice Line



**Do you have children 0-18 years of age?  
Need advice, support or guidance?**

Bringing up a family can be like a fairground ride- one minute you are happily rolling along and the next minute you are turned upside down. So when the dips hit-where can you turn to for advice and support for your family?

**Contact the Families First Advice Line:  
0800 0327 322**

Monday-Friday  
9.00am – 12.00pm  
1.00pm - 4.30pm

Families First Advice Line will aim to:

- Listen and provide advice on how you can meet your family's needs

- Listen and help you identify and access services for your family in the Vale of Glamorgan
- Listen and provide emotional support and practical guidance to help you resolve your family concerns, worries and issues.

If we are unable to answer your questions or resolve your concerns we will make every effort to identify a service that can.

**Email:**  
**[familiesadvice@valeofglamorgan.gov.uk](mailto:familiesadvice@valeofglamorgan.gov.uk)**  
**Web:**  
**[www.valeofglamorgan.gov.uk/familiesfirst](http://www.valeofglamorgan.gov.uk/familiesfirst)**

# What's On: 2016

## MONDAY

### **Mondays at 4pm (Term Time Only)**

Adventure Rangers  
Ty Robin Goch, Robins Lane, Barry, CF63 1QB.  
For more information please contact Candice Ringer on **01446 709269**

## TUESDAY

### **Tuesdays at 9.30am (Term Time Only)**

Early Years Parent Support Group at Ely & Caerau Children's Centre (see page 9)

### **Tuesdays at 4.45pm**

Touch Trust After School Club at Wales Millennium Centre, Bute Place, Cardiff Bay, CF10 5AL. Sessions cost £5 per child.  
For more information please contact **02920 635660 / info@touchtrust.co.uk**

### **Tuesday 1 & 8 November**

#### **10.30am – 12.30pm**

Free Health and Wellbeing Workshops at Barry Library (see page 10)

### **Tuesday 17 January, 10am – 12pm**

Cardiff Games – Badminton at Sport Wales National Centre (see page 5)

### **Tuesday 3 January 2017, 6pm**

Peter Pan: Relaxed Performance at New Theatre, Cardiff (see page 12)

## WEDNESDAY

### **Wednesdays at 1.15pm (Term Time Only)**

Early Years Parent Support Group at Whitchurch Primary School (see page 9)

### **Wednesday 2 & 30 November, 10am – 12pm**

Afasic Cymru Parent Support Group at Afasic Cymru, Titan House (see page 9)

### **Wednesday 19 October 2016, 10am – 2.30pm**

Family Fund Information and Support Day at Cardiff City Hall (see page 8)

## THURSDAY

### **Thursdays at 9.30am (Term Time Only)**

Early Years Parent Support Group at Ysgol Gymraeg Melin Gruffydd (see page 9)

### **Thursdays at 4.30pm**

Local Motion Dance at Barry YMCA (see page 12)

## FRIDAY

### **Fridays at 10am (Term Time Only)**

Early Years Parent Support Group at Tremorfa Nursery School (see page 9)

### **Last Friday of the Month at 2pm**

ADHD Parent Support Group at Rhydypennau Library (see page 7)

### **Friday 2 December, 10am – 12.30pm**

Cardiff Games - Boccia at Talybont Sports Centre (see page 5)

## SATURDAY

### **Saturdays at 10am**

Oshi's World Free Coffee Morning at Ysgol Y Deri, Penarth (see page 7)

### **Saturday 12 November & Saturday 17 December, 10.30am – 12pm**

National Autistic Society Coffee Morning at Pioneer Hall, Barry, CF62 8DN

For more information please contact **nascardiff@nas.org.uk**

## OCTOBER HALF TERM

### **Monday 24 & Tuesday 25 October**

**10am – 3pm** (for 12 – 18 year olds)

### **Wednesday 26 – Friday 28 October**

**10am – 3pm** (for 4 – 11 year olds)

October Half Term Schemes at Ysgol Y Deri, Penarth (see page 8)

# SUMMER SUCCESS!

## Play in the Vale

During the summer holidays there was a holiday club held at Ysgol Y Deri, Penarth in partnership with the Vale's Play Development Team.

Pupils enjoyed having access to the outside play areas and activities such as arts and crafts, sensory stories and even a disco with DJ Sterling.

Pupils also had access to specialist facilities such as the hydrotherapy pool and climbing wall.



If you would like more information you can contact Stuart Masterton, Family Engagement Officer ([smasterton@yyd.org.uk](mailto:smasterton@yyd.org.uk)) or Jo Jones, Play Development Officer ([joajones@valeofglamorgan.gov.uk](mailto:joajones@valeofglamorgan.gov.uk))



## KEYCREATE

**KeyCreate is a brand new organisation delivering high quality drama and music workshops for children and adults with disabilities.**



Workshops are facilitated by Dave Morris, who has a professional background in drama and is a performing musician, and with over a decade's experience of working within the arts and disability sector.

Having a successful first summer term, KeyCreate have run workshops in special schools including Ysgol y Deri through the Vale of Glamorgan's Play Development Team. Additionally, well known and established organisations such as Sense Cymru, Follow Your Dreams, and Sparkle are enjoying regular workshops.

KeyCreate are now branching into other areas. With the promise of regular adult group workshops due to form, a lovely new children's stay and play group soon to appear in the Vale,

and work with Chapter Arts Centre's Dementia Friendly Screenings, there's quite a lot to be excited about! **Why not see what all the fuss is about and book KeyCreate for your first workshop?**

Using elements of live music, storytelling, drama, arts and crafts, music, games, sensory activities and therapeutic techniques, KeyCreate is able to bring about a fun, creative and educational experience for everyone.

To find out more information and join our group visit us at [www.facebook.com/keycreatewales](http://www.facebook.com/keycreatewales) or book your own bespoke workshop and contact Dave at [davebobmorris@hotmail.com](mailto:davebobmorris@hotmail.com) or **0781 001 81 65**





# Cardiff Games Inclusive Competitions 2016 – 2017

**The Cardiff Games is an Olympic and Paralympic legacy competition programme for schools in Cardiff. We offer a range of inclusive competitive opportunities for pupils to compete in a friendly and relaxed environment.**

Upcoming competitions:

- Boccia (Primary & Secondary Schools)  
Friday 2nd December, 10am – 12.30pm at Talybont Sports Centre

- Badminton (Key Stage 3 & 4)  
Tuesday 17th January, 10am – 12pm at Sport Wales National Centre

For the full sports programme or for more information please contact Cardiff Games. Telephone: **029 2020 5282**

Email: **cardiffgames@cardiffmet.ac.uk**



## Wizzybug: Giving children with a disability their first wheels

**For most children, the ability to move around of their own freewill is something they take for granted. But many children are unable to walk or move freely due to a disability.**

Having to rely on a family member to move and position them means that they miss out on developing movement skills and the opportunity to explore their surroundings through play.

Being able to move is also important for making friends and developing communication and social skills.

The Wizzybug is a fun, powered wheelchair that has been designed by the charity Designability for children aged 14 months – 5 years, although some children are able to stay in it a little longer, depending on their size.

Unfortunately there is very limited NHS funding to provide powered wheelchairs to children under 5 so Designability decided to loan out the Wizzybugs FREE of charge through a loan scheme.

Thanks to generous donations they are able to help about 120 children every year.

To date, Wizzybugs have been rehomed to children who have conditions such as cerebral palsy, spinal muscular atrophy and spina bifida. But the only eligibility criteria is that they go to children who could benefit from increased mobility,

who are able to be safely seated in a Wizzybug and can demonstrate some independent control.

To find out more about Designability and the Wizzybug Loan Scheme, please visit

**www.wizzybug.org.uk** or call **01225 824103**



# WHAT'S

## New MindHub



- **Cardiff Youth Council (CYC) is very excited to launch the new MindHub website.**

- This digital hub has been developed by
- members of the youth council in partnership
- with the University Health Board (UHB) as a
- direct result of young people across Cardiff
- ranking Mental Health as a lead issue for them
- two years in a row.
- This Hub provides information and links to

services in relation to your emotional health and wellbeing. CYC aim to address the challenging issue of providing information on a range of mental health subjects (for example Sexuality and Gender Identity and Temper/Mood Swings) in a slick and accessible way.

Please visit **[www.mindhub.wales](http://www.mindhub.wales)** to visit this online resource.

## Families Together

- **Family Action and Atal Y Fro are working in partnership to deliver the Families Together project: an all-Wales project that aims to deliver specialist support to families at risk. Within the project we have the following services:**

- **EPIC**

- The EPIC project specialises in working with offenders and those harmed by domestic abuse.
- Service users are offered a place on the group programme, and on-going therapeutic support for couples. A women's safety worker will support those harmed, so risk is consistently monitored. Those harmed are also offered one-to-one and group support.

- **Family support**

- The family support service offers long-term support to families experiencing issues such as: substance misuse, poverty, mental health, or housing problems. The family are offered 1-1 support in the community to help them remove any barriers preventing them from achieving a positive lifestyle.

- **Perinatal**

- The perinatal service supports parents who experience, or are at risk of experiencing, mental

health issues. The perinatal coordinators will offer parents an assessment of their needs, and then link them to one of our trained befrienders. Parents will be supported to attend and engage with other agencies.

- **Referrals**

Families

Together will accept self-referrals or referrals from agencies and cover Cardiff and the Vale.

Contact **02920 789732** or email

**[familiestogether@family-action.org.uk](mailto:familiestogether@family-action.org.uk)**



# NEW?

## New Emotional Wellbeing service opened in Cardiff and the Vale of Glamorgan

Change, Grow, Live (CGL) has launched a new early intervention support service for young people under the age of 18, living in Cardiff and the Vale of Glamorgan from the 1st July 2016. The Young People's Emotional Wellbeing Service has been commissioned in response to national and local need and will deliver unique and tailored services for those in this age group.

The service is focussing on early intervention and support for children and young people living with emotional and mental health difficulties, as well as those who may be participating in 'risky behaviours', such as drug and alcohol misuse, self-harming, criminal activity or unsafe sex. The services that will be on offer include assessment and referrals to relevant mental health partners, workshops supporting young people to develop resilience and coping mechanisms, opportunities to work with other young people and one to one support from specialist staff.

The service will work closely with, and will compliment, other services for children and young people across Cardiff and the Vale, provided by secondary and primary care, social services, youth services, youth offending services and NHS drug and alcohol services. It will also work with other support initiatives such as Families First initiatives and Third Sector provision to support the wider mental health and well-being of the population.



For more information or to make a referral, you can contact the team on **0800 008 6879** (Freephone) or email **SPOC@cgl.org.uk** Alternatively, visit the Facebook page: <https://www.facebook.com/CGLEmotionalWellbeingService>

Helen Jackson  
Service Manager – Emotional Wellbeing Service

## NEW GROUPS FOR FAMILIES IN CARDIFF AND THE VALE

### New ADHD Parent Support Group

Is your child affected by ADHD or waiting diagnosis? Would you benefit from support from other parents? Need information on services and support in the area?

Come and join us for a cuppa, a cake and a chat

When: Last Friday of the month  
Time: 2.00pm - 3.00pm  
Where: Rhydypennau Library, Llandennis Road, Cardiff, CF23 6EG

For more information please contact ADHD Cardiff: [adhdcardiff@gmail.com](mailto:adhdcardiff@gmail.com)

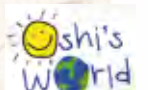
### Oshi's World New Coffee Morning in Penarth

A fully accessible venue for families with children with special/additional needs, disabilities or life limiting conditions.

Drop in for a cuppa and a cake. Siblings and families welcome.

When: Every Saturday  
Time: 10.00am - 1.00pm  
Where: Ysgol Y Deri, Sully Road, Penarth, CF64 2TP

For more information please contact Anna via email: [anna@oshisworld.org](mailto:anna@oshisworld.org)



# Family Fund's Free Information and Support Day

## Attend our free drop in day!

Learn more about support services, grants, information available to you and your disabled child or young person.

**When:** Wednesday 19 October 2016

**Time:** 10.00am – 2.30pm

**Where:** Syndicate Room D, Cardiff City Hall, Gorsedd Gardens Road, Cardiff, CF10 3ND

For further information please email [comms@familyfund.org.uk](mailto:comms@familyfund.org.uk) or visit the events page on the Family Fund website [www.familyfund.org.uk](http://www.familyfund.org.uk)



**Family Fund**

Helping disabled children

## October Half Term Schemes in the Vale

Following another successful partnership this summer, the Play Development Team and Ysgol Y Deri will be back together to deliver a week of exciting play opportunities for children and young people with disabilities and additional needs in the Vale throughout the October Half Term.

### Teenscheme for 12 – 18 year olds

**When:** Monday 24 and Tuesday 25 October

**Time:** 10am – 3pm

**Where:** Ysgol Y Deri, Sully Road, Penarth, CF64 2TP

### Playscheme for 4 – 11 year olds

**When:** Wednesday 26, Thursday 27 and Friday 28 October

**Time:** 10am – 12pm & 1pm – 3pm

**Where:** Ysgol Y Deri, Sully Road, Penarth, CF64 2TP

Things to remember:

Both schemes are able to offer 1:1 support,

medical support and personal care where required.

There will be a charge for children who are registered to stay on site for lunch. This doesn't include lunch so please make sure a packed lunch and drinks are provided.

For more information or to book a place for your child please contact Jo Jones, Play Development Officer on **01446 704809** / [playdevelopment@valeofglamorgan.gov.uk](mailto:playdevelopment@valeofglamorgan.gov.uk)

For Ysgol Y Deri pupils, please contact Stuart Masterton, Family Engagement Officer on **029 2035 2280** / [smasterton@yyd.org.uk](mailto:smasterton@yyd.org.uk) for more information.



Chwaraeon a Chwarae Y Fro



Ysgol Y Deri



# Afasic Cymru Parent Support Group

## Does your child have difficulties talking and understanding language?

Come along to meet other families in a similar situation...

- Find out what to do if your child has difficulties with talking and/or understanding
- Find out how to get extra help for your child
- Get information, share ideas, advice, learn practical and fun stuff to try at home to encourage language development

When: Wednesday 2 & 30 November 2016

Time: 10.00am - 12.00pm

Where: Afasic Cymru,  
Titan House,  
Cardiff Bay  
Business Centre,  
Lewis Road,  
Ocean Park, Cardiff, CF24 5BS



For more information please contact Esther Goodhew at Afasic Cymru

Telephone: **029 2046 5854**

Email: **esther@afasiccymru.org.uk**

Afasic Cymru Parent Helpline: **0300 666 9410**  
(Monday - Friday, 10.30am - 2.30pm)

# Early Years Inclusion Service

## If you live in Cardiff and have a child aged 0-3 years with an Additional Learning Need, Cardiff's Early Years Inclusion Service has lots of support to offer you and your child!

We would like to invite you to our free parent groups across Cardiff for families with children 0 – 3 years.

Come and join us for a cup of coffee/tea and a chat, with your child.

It will give you the opportunity to meet the Inclusion Team, other families and children of the same age.

The parent support sessions run every week (term time only):

**Every Tuesday** from 9.30am – 10.30am  
Ely & Caerau Children's Centre, Michaelston Road, Ely, Cardiff, CF5 4SX

**Every Wednesday** from 1.15pm – 2.30pm  
Whitchurch Primary School, Erw Las, Whitchurch, Cardiff, CF14 1NL

**Every Thursday** from 9.30am – 10.30am (This is a bilingual group, in English / Welsh)  
Ysgol Gymraeg Melin Gruffydd, Glan-Y-Nant Road, Whitchurch, CF14 1AP

**Every Friday** from 10.00am – 11.00am  
(Attended by Pippa Clarke, Special Needs Health Visitor every week)  
Tremorfa Nursery School, Mona Place, Cardiff, CF24 2TG

- Toileting sessions
- Makaton sessions
- Bookstart sessions
- Sensory sessions
- Sleep sessions

For more information please contact the Disability/Early Years Inclusion Team at:

Ely & Caerau  
Children's Centre  
Michaelston Road  
Ely

CARDIFF  
CF5 4SX

Tel: **029 2067 1479 / 029 2067 1466**

English Website

**[www.cardiff.gov.uk/schools](http://www.cardiff.gov.uk/schools)**

Welsh Website

**[www.caerdydd.gov.uk/ysgolion](http://www.caerdydd.gov.uk/ysgolion)**



# EPP Cymru's Free Health and Wellbeing Course

**Are you a carer? Would you like to learn ways to manage? Come along to a free course run by the NHS.**

What you will learn:

- Manage symptoms such as pain and tiredness
- Dealing with anger, fear and frustration
- Coping with stress, depression and low self-image
- Eating healthily and sleeping well
- Decision making and better breathing
- Relaxation techniques and regular exercise tips
- Improved communication and how to be more positive
- Planning and problem solving

## Vale Workshop (1.5 hour session)

Workshop 1: Looking after your mental health

Tuesday 1 November, 10.30am – 12.30pm at Barry Library, King Square, Barry, CF63 4RW

Workshop 2: Looking after your physical health

Tuesday 8 November, 10.30am – 12.30pm at Barry Library, King Square, Barry, CF63 4RW

To book your place text your name and "INTERESTED" to **07976 050 178**

## Six week course (2.5 hours per week)

For more information please contact **029 2033 5403**

Carol Young (Cardiff) - [carol.young@wales.nhs.uk](mailto:carol.young@wales.nhs.uk)

Carol Stingl (Vale) - [carol.stingl@wales.nhs.uk](mailto:carol.stingl@wales.nhs.uk)

## Online Course

The Online Course can be particularly useful for those who have difficulty getting out of the house, live in rural areas, work full time or in full time education, having caring or family responsibilities or who would prefer to do the course online rather than in a group setting.

For more information or to book on a course, please telephone Michelle or Elois on **01286 674236** or email [eppcymru.bcuhb@wales.nhs.uk](mailto:eppcymru.bcuhb@wales.nhs.uk)

For more information please visit [www.eppwales.org](http://www.eppwales.org)



# INSPIRED ACTION

The British Red Cross, funded by Spirit 2012, is running an inclusive volunteering project for young people aged 15 – 25. The project offers the chance for young people to get involved in the work of the Red Cross such as working in a charity shop, teaching first aid or setting up a Social Action Project to make a difference in their community. The project has funding available to help people access the opportunities and will pay for personal support, accessible transport and equipment.

Young Inspired Action volunteers have a dedicated engagement worker to help them settle into their role and offer support throughout the duration of the volunteering to ensure they get the most out of their volunteering role. They will also receive training in leadership, confidence, assertiveness, negotiation and disability equality!

Young Inspired Action Volunteer Jacob John is a partially sighted administration volunteer for the British Red Cross. Inspired Action provided the accessible equipment to enable Jacob to volunteer and gain the important work skills he needed to pursue a career in administration.



Jacob has used his experiences with the British Red Cross to secure employment with the Insurance Firm Admiral. The increase in Jacob's confidence has been remarkable and it has even resulted in him giving presentations in London and attending events for young Red Cross volunteers across the UK.

If you would like to learn more about the project or get involved please contact Hannah Morris at [hmorris@redcross.org.uk](mailto:hmorris@redcross.org.uk) or on **029 20695740 / 07710 365712**

# TOUCH TRUST TRAINING FOR CARERS/SUPPORT WORKERS



## 'The Touch Trust Training and 'Communicating Through Touch' programme'

Through its licensed creative movement programme the 'Touch Trust' makes a significant difference to the lives of individuals in the disabled community.

Using techniques based on Laban's creative educational movement: babies and their mother, adults and their carers; even those with dementia benefit enormously, especially in their self-confidence and self-esteem as they experience success! In addition, their families are supported and helped.

We run a training programme and also offer a one day 'Communicating through Touch' workshop for carers, parents and related professionals. It is a holistic, sensory and expressive experience which enables one to become a Touch Trust session leader or simply gain new ideas and techniques which enhance your abilities in understanding and helping your guests/clients/service users alike.

Please visit us at [www.touchtrust.co.uk](http://www.touchtrust.co.uk) for more information or contact Karen Woodley via email [Karen.woodley@touchtrust.co.uk](mailto:Karen.woodley@touchtrust.co.uk) or telephone **029 2063 5664**

# Peter Pan: Relaxed Performance

**When: Tuesday 3 January 2017**

**Time: 6.00pm**

**Where: New Theatre, Park Place, Cardiff,  
CF10 3LN**

**This year the New Theatre pantomime will once again be offering a Relaxed Performance for children and young people with autism, learning disabilities, sensory and communication disorders.**

In this special one-off performance of Peter Pan on Tuesday 3 January at 6pm, adjustments will be made to the show to enable attendance by people who may not normally be able to come along.

These adjustments will include:

- Changes to lighting
- Volume reduction
- Removal of some special effects
- Adjustments to the script
- No restrictions on coming and going during the performance
- A chill-out area in the foyer

Tickets for the Relaxed Performance are on sale now and are flat-priced at £16 or £11 each, plus Ticketing Service Charge.

The New Theatre is part of the national access scheme Hynt which is a card scheme that entitles you to a ticket free of charge if you are a Personal Assistant or Carer. To find out if you are eligible and to download an application form please visit: [www.hynt.co.uk](http://www.hynt.co.uk) or call **0344 225 2305** for more information.

To book tickets, please visit the New Theatre Box Office or telephone **029 2087 8889**.

If you have any questions about the Peter Pan Relaxed Performance, please contact The New Theatre via email [ntmailings@cardiff.gov.uk](mailto:ntmailings@cardiff.gov.uk) or telephone **029 2087 8787**.



## Local Motion Dance Company Perform in London!

**Local Motion Dance Company were invited to perform at the Unlimited Festival - the first inclusive youth dance platform, held at the Southbank Centre, London in September.**

They performed their piece "Alice in Wonderland" like true professionals alongside other youth dance groups from across the UK.

The group of dedicated dancers meet at the YMCA every Thursday to create and share their passion for dance. Thanks to funding from the One Family Foundation, this dance group perform at local and now even national community events.

For more information on booking dance classes for people with disabilities living in the Vale of Glamorgan and surrounding areas, please contact Motion Control Dance by emailing [info@motioncontroldance.com](mailto:info@motioncontroldance.com) or visiting our website [www.motioncontroldance.com](http://www.motioncontroldance.com)



### Disclaimer

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**CITY AND COUNTY OF CARDIFF  
DINAS A SIR CAERDYDD**

**CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE**

**8<sup>th</sup> November 2016**

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**CABINET RESPONSE – CHILD SEXUAL EXPLOITATION**

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**Background**

1. The Children and Young People Scrutiny Committee agreed as part of their work programme to undertake an inquiry into Child Sexual Exploitation (CSE). As a result the Committee agreed to set up Task and Finish Group Inquiry. The terms of reference were agreed as follows:
  - a) To assess the robustness of the CSE strategy, preventative measures and the level of the Council's and partner organisations' response to incidences of CSE.
    - Exploring partnership working and resource allocation associated with managing CSE in Cardiff.
    - Exploring the scale of CSE in minority groups.
  - b) To gather stakeholders views with regard to the above, including statutory partners and relevant Cabinet Members and Cardiff Council officers.
  - c) To explore relevant best practice in external organisations and other local authorities, that is transferable to Cardiff.
  - d) To make evidence based recommendations to improve the reduction of CSE in Cardiff, to the Cabinet and relevant stakeholders.
2. The task group Inquiry was informed by the following:

- Overview and background – to set the context of the Inquiry and gain an understanding of what is meant by Transitions and the support in Cardiff for Looked After Children.
  - Evidence from the Children’s Commissioner for Wales (*Lost In Care* report).
  - Evidence from the Cabinet Members for Early Years, Children & Families, and Education.
  - Evidence from the directors and managers from Children’s Services and Education.
  - Evidence from the EMTAS team and Head Teachers.
  - Research Papers / Reports (via Literature Review).
  - Members also heard from the following external witnesses: Phil Evans, Chair C&V LSCB; Bernie Bowen Thompson, Safer Wales/Streetlife; Donna Tucker, Safer Wales/Streetlife; Rachael Ray, NSPCC; Allyson Davies, Barnardo’s SERAF; Caroline Ryan, YMCA (Sexual Health Outreach Team - SHOT); Amy Stuart-Torrie, YMCA (SHOT); George Grindle, YMCA (SHOT); Debbie Farrar, Missing Children Lead, South Wales Police; Linda Hughes-Jones, NHS Safeguarding Children, C&V Health Board; Pam Flanagan, Looked After Nurse, C&V Health Board; Peter Greenhill, Probation Services; Alasdair Macinnes, Youth Offending Service; John Davies, Senior Gypsy, Roma and Traveller Policy Manager, Welsh Government, Inclusion Unit; Dr Dan Allen, Lecturer in Social Work, Trustee to The Romani Cultural and Arts Company, Salford University; Ruth Nash, Sexual Assault Referral Centre (SARC) Manager; and Sadie Alexander, Substance Misuse and Young People, Public Health Wales.
3. The report was presented to Cabinet on 27 July 2016, and a full response was agreed by Cabinet on 13 October 2016, copy attached at **Appendix A**.

### **Cabinet Response to Recommendations**

4. The Cabinet response shows that all of the report’s 13 recommendations have been accepted. As well as detailing the Cabinet’s response to each of the

recommendations, the response contains a copy of Cardiff's Child Sexual Exploitation Prevention Strategy.

## **Way Forward**

5. The Cabinet Member for Early Years, Children & Families, and Director of Social Services, will introduce the response report and be available to answer any questions Members may have.
  
6. Members may also wish to consider the response contained in the attached **Appendix A** and the comments provided by the Cabinet Member for Early Years, Children & Families, and Director of Social Services, and provide any comments, advice or recommendations to the Cabinet Member and Director to help in supporting further improvements in the work of the Department.

## **Legal Implications**

7. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not making policy decisions. As the recommendations in this report are to consider and review matters there are no direct legal implications. However, legal implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to the Cabinet/Council will set out any legal implications arising from those recommendations. All decisions taken by or on behalf of the Council must (a) be within the legal powers of the Council; (b) comply with any procedural requirement imposed by law; (c) be within the powers of the body or person exercising powers on behalf of the Council; (d) be undertaken in accordance with the procedural requirements imposed by the Council e.g. Scrutiny Procedure Rules; (e) be fully and properly informed; (f) be properly motivated; (g) be taken having regard to the Council's fiduciary duty to its taxpayers; and (h) be reasonable and proper in all the circumstances.

## **Financial Implications**

8. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not making policy decisions. As the recommendations in this report are to consider and review matters there are no direct financial implications at this stage in relation to any of the work programme. However, financial implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet/Council will set out any financial implications arising from those recommendations.

## **RECOMMENDATIONS**

The Committee is recommended to consider the Cabinet response report, attached at **Appendix A**, together with the information presented at the meeting, and provide the Cabinet Member and the Director of Social Service with any comments, concerns or recommendations.

**Davina Fiore**

**Director of Governance and Legal Services**

**2 November 2016**

**RESPONSE TO THE REPORT OF THE CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE ENTITLED "CHILD SEXUAL EXPLOITATION"**

**REPORT OF DIRECTOR OF SOCIAL SERVICES**

**AGENDA ITEM: 4**

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**PORTFOLIO: EARLY YEARS, CHILDREN (COUNCILLOR SUE LENT)**

**Reason for this Report**

1. To respond to a report published by the Children & Young People Scrutiny Committee report in to Child Sexual Exploitation.

**Background**

1. The national background concerning the extent and scale of Child Sexual Exploitation (CSE) as an organised and significant threat to children in communities across the UK is well known and the subject of wider media, public, professional and policy debate.
2. Much of this concern has focused on revelations in Rochdale, Oxford, Greater Manchester, Rotherham and elsewhere. Members in Cardiff have been concerned to understand how agencies and professionals in Cardiff are working together to mitigate the risks for children and young people arising from the threat of CSE.
3. It is important to note that the Scrutiny Committee were undertaking their investigation just as Cabinet approved the CSE strategy in May 2016 and the interim lead manager for CSE Prevention was appointed. In line with the CSE strategy implementation plan, significant progress has already been made in relation to addressing the recommendations of the Committee.
4. The CSE strategy (attached at Appendix B) sets out the commitment of partners in Cardiff to do everything possible to prevent CSE, protect and support those affected by CSE and tackle perpetrators.

**Issues**

5. I am pleased to report that the CSE Strategy and Implementation Plan not only addresses the 13 recommendations of the scrutiny report, but in fact had already incorporated many them within the implementation plan prior to the report being prepared.
6. The CSE strategy and the supported awareness raising material sends out a very strong message that CSE will not be tolerated:

**“Not in our City. Not to our Children”**

7. The progress made to date in relation to enhancing our response to CSE and raising awareness of the issues gives a clear indication that the Council is taking a proactive approach to tackling CSE and to support victims.

**Reason for Recommendation**

8. To enable more effective strategic development and coordination of action to reduce the risks and impact of CSE.

**Financial Implications**

9. There are no direct financial implications arising from this report

**Legal Implications**

10. The existence, implementation and reviewing of the CSE strategy in accordance with the action plan is evidence of this Local Authority working to fulfil its statutory responsibilities in relation to safeguarding.

**RECOMMENDATIONS**

Cabinet is recommended to agree the response to the Children and Young People’s Scrutiny Committee report entitled “Child Sexual Exploitation” attached at Appendix A.

**TONY YOUNG**  
**Director**  
**7 October 2016**

*The following appendices are attached:*

Appendix A – Response to recommendations  
Appendix B – Strategy  
Appendix C – Awareness Raising

**CABINET RESPONSE TO THE RECOMMENDATIONS OF THE CHILDREN AND YOUNG PEOPLE SCRUTINY COMMITTEE REPORT MAY 2016 ENTITLED 'CHILD SEXUAL EXPLOITATION'**

**R1.** A CSE Referral Pathway be developed, which will set out clear and concise route of end-to-end care for those referred into the Council. This Pathway could also be used as a tool across a range of activities to promote a clear, consistent message across all practitioners, partners and the wider community.  
(Supported by Key Finding KF3)

**Response** - This recommendation is accepted.

There is effectively a CSE Referral Pathway in place. A guide has been issued to staff *'Dealing with a CSE concern'* which sets out clearly what action is to be taken on receipt of information that a child may be at risk of sexual exploitation. Teams have received training to understand the important principal that CSE is a hidden form of abuse by its very nature and practitioners will only see it if they look for it. Teams have been trained to know what questions to ask, what indicators to look for and have been provided with a simple tool to assist them in considering the full spectrum of risks in relation to CSE in order to make an accurate assessment. The effectiveness of that can be seen in the dramatic increase in the number of referrals progressing to an assessment due to CSE concerns. The pathway shows what action is to be taken for children according to the assessed level of risk and practitioners have been issued with a directory of services (maintained by the CSE Team) setting out what support is available and how it can be accessed.

Children at the greatest risk are allocated a social worker who is supported by a multi-agency group. The group is chaired by the CSE Lead Manager and meets regularly to implement and review a safety plan to reduce the risks, work directly with the child and take action against perpetrators.

Managers of the organisations providing services to address CSE concerns are invited to meet as a group quarterly. This is fostering a sense of working together as a team; a shared understanding of the prevalence and nature of CSE in Cardiff and a coordinated response. Barriers are being broken down.

**R2.** An Officer at Operational Manager or above be made responsible for CSE, and their job description to include a range of responsibilities including raising awareness of CSE across the Council, playing a role in making strategic linkages, pooling resources, linking with the LSCB on strategic issues, reporting to Cabinet and Scrutiny Committees and ensuring that systems for referral, support and rehabilitation within the Council are fit for purpose.

(Supported by Key Finding KF2)

**Response** – This recommendation is accepted

The interim CSE Lead Manager reports directly to the Assistant Director for Children's Services who has strategic lead for CSE prevention. Whilst the interim CSE Lead Manager is a temporary post at present there are plans to make this permanent. The Lead Manager's job description includes responsibilities such as raising awareness of CSE across the Council, linking with partner agencies to build their capacity to deliver services, promote a coordinated City-wide response which includes statutory and third sector agencies.

**R3.** After 12 months of operation, a survey be carried out amongst all partners and practitioners to gauge the effectiveness of the Multi Agency Safeguarding Hub (MASH) in Cardiff and also improvements in partnership working and information sharing.  
(Supported by Key Findings KF8 – KF11)

**Response** - This recommendation is accepted

A review of MASH will be undertaken after September 2017.

**R4.** Members would like to commend the work carried out to date by the CSE Lead Manager and CSE Coordinator and extend our thanks to the many witnesses who took part in the Inquiry. It is also recommended that these posts be made permanent.  
(Supported by Key Findings KF12, KF13)

**Response** - This recommendation is accepted.

**R5.** That Children's Services review the way that it deals with incoming CSE referrals as detailed in KF15. This is to meet the commitment required by the National Action Plan to "*support the identification of CSE and enable a timely range of appropriate responses*".  
(Supported by Key Findings KF14, KF15)]

**Response** - This recommendation is accepted

This recommendation has already been implemented. An audit of cases was undertaken between January 2015 and Dec 2015 where a CSE concern was identified. This has led to targeted training to ensure that referrals are effectively screened and staff are competent and confident in identifying the early signs of risk to sexual exploitation. The service is taking a proactive, preventative approach to abuse through sexual exploitation in recognition of the profound and lasting effect it has on children and their families. The management of all referrals where there is a CSE concern is overseen by the CSE Lead Manager in order to ensure consistency across the service. As has already been detailed there is ongoing work with partner agencies both statutory and third sector to ensure the broadest possible range of services can be offered in a timely way. Gaps in service provision have been identified and work is taking place to address those gaps.



**R6.** Ongoing training be given to social workers to ensure that consistent, professional, timely advice is given to everyone who makes a referral to Children's Services. Linked to this, wider training outside of the organisation (particularly to schools) should form part of the wider training programme to empower individuals and organisations to intervene at lower levels and therefore assist in reducing the number of referrals being made via the CAP Desk.

*(Supported by Key Findings KF16, KF17)*

**Response** - This recommendation is accepted.

The Implementation Plan sets out action to train professionals across the board. There is still work to be done to ensure all statutory agencies are training their staff to intervene as early as possible.

A Professional Interest Group has been established. This is an open access group made up of practitioners and managers working across the City in organisations like Police, Education, Schools, Health, Youth Offending Service, Mental Health, Housing, Probation and Third Sector. This is a very successful group that is serving to spread good practice and share expertise.

**R7.** A strategic, coordinated awareness raising and training programme be developed with input from all partners. Whilst it is acknowledged that the CSE Lead Manager and CSE Coordinator are currently engaged in CSE training with social workers and practitioners, further work needs to be planned, developed and implemented. This should include the coordination of current materials that could be used as part of the programme. The programme should include mechanisms for delivering a large scale campaign across the City, and also more targeted awareness raising and training to include vulnerable groups, community groups, schools' training, those engaged in the night-time economy, foster carers, staff in children's homes and those engaged in providing council services via the commissioning and procurement process.

*(Supported by Key Findings KF17, KF28-30, KF31-34)*

**Response** - This recommendation is accepted.

The roll out of training is continuing. The awareness raising campaign is underway under the banner '*Not in our City, Not to our Children*'. Social Media is playing an important part in spreading the message and the first of the planned materials, general awareness raising posters have been printed and are being distributed widely. Other materials will follow with some aimed at the general public and others designed to assist professionals. They range from: '*CSE – a Guide for Parents*' to '*CSE – a practitioner's toolkit*'. With the support of the Police CSE Team a training programme for businesses has been developed '*CSE- Keeping Children and Business Safe*'.

**R8.** It is also recommended that a programme of campaigns for children and young people is developed by young people, to included

PSHE teaching materials, social media, development of apps, etc. The wording of all material should be very carefully considered not to stereotype victims, and materials should also pay particular attention to boys and young men who were identified as a particular “hidden” group.  
*(Supported by Key Findings KF17,KF28-30, KF31-34)*

**Response** - This recommendation is accepted.

A range of materials designed by children and young people already exists for use in PSHE and youth work. The CSE Team is promoting the use of these materials as well as offering support and training in their use. Resources will be better targeted developing resources that are not already in existence

**R9.** That the LEA (Local Education Authority) conduct a risk assessment of those not in mainstream education, and that the results of this risk assessment be reported to the C&V LSCB and to the Children & Young People Scrutiny Committee. Members were particularly concerned about the potential risks inherent in children undertaking alternative curriculum and home schooling. Whilst it is recognised that the LEA does not have statutory responsibility to account for those children and young people, an idea of the scale of the issue and potential “risks” should be assessed.  
*(Supported by Key Findings KF18-19)*

**Response** - This Recommendation is accepted.

The CSE Team will readily support the LEA in undertaking this task which will be agreed at the next Professionals Interest Group.

**R10.** It is also recommended that the Education Department play an active role in the awareness raising and training programme for schools. The proactive and positive work undertaken by Willows High School and St. Teilo’s High School should be included within the programme.  
*(Supported by Key Findings KF20-22)*

**Response** - This Recommendation is accepted.

Officers from the Education Welfare and the Youth Service are actively working with Children’s Services to raise awareness of CSE. Additionally, the safeguarding in schools training officer who is based within the safeguarding unit works closely with the CSE team in order to deliver training across schools and promote the good practice identified by the Scrutiny Committee wherever possible.

**R11.** It is recommended that a report on the restructure of the CAMHS service be factored into the work programme of the Children & Young People Scrutiny Committee for consideration at a future date.  
*(Supported by Key Findings KF24-25)*

**Response** - This recommendation is accepted

However, an agreement will need to be reached with the Health Board because the health board have their own governance arrangements in place to monitor CAMHS which is chaired by the Director of Public Health.

**R12.** Whilst it is recognised that the LSCB is not accountable to the Council, it is recommended that the Cabinet requests that C&V LSCB make a commitment to report to Cabinet and the Children & Young People Scrutiny Committee on progress towards achieving the All Wales National Action Plan, and commit to submitting, for information annually, progress against the Multi Agency CSE Strategy.  
*(Supported by Key Findings KF 5 – KF7)*

**Response** - This recommendation is accepted.

The implementation plan sets out action to ensure annual reports are submitted to the LSCB and seeks their commitment to consider them.

**R13.** It is also recommended that the LSCB should review whether the current governance structure enabled robust scrutiny of the organisation and consider the need for an independent Chair.  
*(Supported by Key Finding KF7)*

**Response** – This recommendation is not accepted.

The LSCB has a statutory role as defined within the new Code of Practice and the structure across Cardiff and the Vale LSCB is consistent with the national approach set out by the National Independent Safeguarding Board. Therefore, the recommendation for an independent chair is not accepted because this would not be consistent with current national policy.

Subsequent to the security report, multi-agency strategic CSE group supported by the LSCB has been established and is due to meet for the first time in October 2016. This is a meeting of senior officers across partner organisations working together to tackle CSE issues.

Tony Young  
Director of Social Services

Cardiff

# Child Sexual Exploitation Prevention Strategy



## Foreword

Child sexual exploitation (CSE) is a criminal act that has a devastating impact upon children and young people and has an increasing national profile following significant investigations which have led to prosecutions. At the national level there has been a tendency to assume CSE has an impact upon very small numbers of children in particular locations. However, recent national reviews of its prevalence have concluded that there will be children and young people at risk and being abused in most local authority areas.

This strategy sets out the commitment of Cardiff Children's services and its stakeholders to tackle (CSE) in a co-ordinated, multi-agency and strategic manner, and to support victims in mitigating the impact of CSE.

The strategy is endorsed by all professionals and organisations in contact with or providing services to children and young people in Cardiff (whether in a statutory or voluntary capacity), in order to identify, support and equip professionals to effectively safeguard and promote the welfare of children and young people affected by CSE, and to encourage a culture of professional challenge in order to effectively address the complex issues that CSE involves.

Young people who are victims of sexual exploitation require comprehensive, long term support, often into adulthood. This strategy will, where concerns arise, ensure that support is provided at the earliest opportunity.

**Tony Young**

Director of Social Services

# 1. National Context

## Definition

The All Wales Protocol Safeguarding Children and Young People at Risk of Sexual Exploitation provides a definition for child sexual exploitation (CSE):

*Child sexual exploitation is the coercion or manipulation of children and young people into taking part in sexual activities. It is a form of sexual abuse involving an exchange of some form of payment which can include money, mobile phones and other items, drugs, alcohol, a place to stay, 'protection' or affection. The vulnerability of the young person and grooming process employed by perpetrators renders them powerless to recognise the exploitative nature of relationships and unable to give informed consent<sup>1</sup>.*

Awareness of sexual exploitation in Wales has been growing since 2005 when the then Children's Commissioner for Wales commissioned research to consider the National picture of the nature and prevalence of CSE in Wales. The scoping study found 184 separate cases of children or young people across Wales were identified as having been sexually exploited<sup>2</sup>. A pilot study carried out in Newport in 2006 identified 67 children and young people at significant risk of sexual exploitation. The data from the pilot study when considered with data gathered from two other Welsh local authorities provided a large sample of cases held by social services including youth offending services. Of these cases, risk assessments indicated that 129 of children and young people were at significant risk of sexual exploitation<sup>3</sup>. This was considered to be an underestimation of the problem.

Policy and Guidance in Wales has consistently required local authorities to take steps to understand and take action to address the issue of CSE in their areas<sup>4</sup> and in March 2016 Welsh Government launched the National Action Plan which sets expectations on local authorities to have a strategy in place to tackle the sexual exploitation of children. This strategy is aligned to the National Action Plan and is consistent with the key messages set out in it.

## 2. Purpose

This strategy sets out the commitment of partners in Cardiff to do everything possible to prevent child sexual exploitation (CSE), protect and support those affected by CSE and tackle perpetrators. It is important to note that for now, this is a Cardiff only strategy. We will continue to work with colleagues in the Vale of Glamorgan with an aim to develop a regional strategy if it is felt that one is needed.

<sup>1</sup> All Wales Protocol: Safeguarding and Promoting the Welfare of Children and Young People who are at Risk of Abuse through Sexual Exploitation. Barnardo's Cymru (2008) on behalf of the AWCPFRG

<sup>2</sup> Coles, J (2005) *Out of Sight Out of Mind: Child Sexual Exploitation*. Cardiff: Barnardo's Cymru

<sup>3</sup> Welsh Government (2010) *Safeguarding Children and Young People from Sexual Exploitation: Supplementary guidance to Safeguarding Children: Working Together Under The Children Act 2004*

<sup>4</sup> 1 and 3 above.

A coordinated, proactive, multi-agency approach is essential to fulfil the overarching outcomes of the strategy and those of the National Plan:

- **Prepare** children, families, communities and professionals to spot children at risk
- **Prevent** harm
- **Protect** victims and
- **Pursue**, disrupt and prosecute perpetrators

This strategy and implementation plan demonstrates how partners in Cardiff are determined to do all we can to work together to find CSE wherever it takes place and limit the impact on children and families.

### 3. Strategic Context

It is important to see this strategy in the context of strategic policy development nationally and regionally. The Welsh Government, the Children's Commissioner and the Police and Crime Commissioner have prepared strategic positions or plans. We are also aware that the National Independent Safeguarding Board which has not yet been established will also have a role in shaping and influencing the overall strategic direction in relation to CSE. This proposed strategy for Cardiff has taken these wider developments into account to minimise any divergence of approach overall.

Nevertheless the Cardiff and Vale Local Safeguarding Children Board (LSCB) has agreed that in relation to Cardiff it is imperative for board partners to have a clearly articulated platform on which to build and take forward a range of interrelated interventions and developments in the short to medium term. As such this strategy should not be read as a final or completed document but rather as an evolving development that will be kept under active review by the LSCB and revised as our knowledge and understanding deepens over time.

Although relating to Cardiff, this document is shaped by, and delivers to, the Cardiff and Vale of Glamorgan Local Safeguarding Children Board's (LSCB) Business Plan, which in turn demonstrates how the LSCB and its partner agencies will deliver the actions set out in the National Action Plan.

This proposed strategy is also in effect a synthesis of work that has been undertaken by partners over the last two years to analyse and address CSE in response to widespread concern in communities and nationally regarding the threat of CSE.

## 4. Aim

This strategy will set out how we will:

- **Understand** the scale of the problem
- **Raise awareness** of the issue through education and training
- **Identify** those at risk and provide early support to prevent exploitation and abuse
- **Protect** children who are affected by following the AWCPP
- **Support** victims to break away from sexual exploitation and recover from their experiences
- **Disrupt** and **prosecute** perpetrators
- Develop a **plan of action** to achieve this aim

## 5. *What we know about CSE in Cardiff and how we will make sure we understand the scale of the problem*

The most contemporary research into the nature and prevalence of CSE in Wales was undertaken in 2006. It looked at a large sample of 1487 cases open to Children's Services where the child was aged 10 or over and found that 9% of cases were at risk of CSE<sup>5</sup>.

A comprehensive Children's Services audit was undertaken between October 2015 and February 2016 which reviewed referrals received by and cases open to children's services during the 2 year period January 2014 to December 2015, where CSE concerns had been raised. The purpose was to understand the nature and prevalence of CSE in Cardiff and identify where the response can be improved.

There were 141 assessments identifying CSE concerns in relation to 78 children aged between 10 and 17 years, 13 were boys and 65 were girls.

As a result of the case review we have strengthened our response to CSE. Our systems are more responsive to recognise risk and we are able to respond more effectively than before the audit.

The All Wales CSE Protocol has been robustly applied in all cases where assessment identifies significant risk of sexual exploitation.

In all cases where a child is at significant risk of sexual exploitation, multi-agency plans are in place to protect and support those individuals.

Bespoke training is being provided to individual teams. Workers report feeling more confident and equipped to identify children at risk and this is resulting in more children who are at risk being recognised.

<sup>5</sup> Clutton, S and Coles, J. (2007) *Sexual Exploitation Risk Assessment Framework: A pilot study*. Cardiff: Barnardo's Cymru



The number of children being identified as at risk of sexual exploitation is increasing. An indicator of this is a significant increase in the number of initial CSE Multi Agency Strategy Meetings being convened.

Data is being routinely gathered and analysed and measures are in place to ensure there is an overview of all CSE cases so that patterns and links can be picked up.

Knowledge is increasing rapidly regarding local hotspots and people and places of concern. This information changes frequently and systems are now in place to continuously gather up to date information and ensure it is shared across agencies.

South Wales Police have also completed a Problem Profile which found that:

- There are a number of 'hotspots' within Cardiff City Centre; these include take away restaurants, places where children can have free access to the internet and can access new psychoactive substances (NPS). Appropriate multi-agency strategies have been put in place to mitigate these hotspot risks.
- A strong link between children going missing and CSE especially where there are repeat missing episodes - this is in common with research across the UK
- Victims engage in a range of risky behaviour including staying out all night, consuming alcohol, attending the homes of older males and travelling around with males they have only just met but do not perceive this is putting themselves at risk

Child sexual exploitation is a particularly hidden form of abuse and disclosure by the victim is rare. Identifying children at risk depends on the knowledge and skill of the professionals around children to identify vulnerability and risk. It is likely that the full extent of the problem has not yet been uncovered and that at any one time there may be a level of sexually exploitative activity in relation to children that remains below the radar.

We will ensure that inter-agency intelligence is systematically integrated to maximise the visibility of emerging CSE trends enabling prompt and appropriate intervention.

We will have mechanisms in place to gather information on the number of children who are at risk of or being abused by sexual exploitation as well as understanding the number of perpetrators, types of abuse, and locations of concern.

We will routinely collate information for analysis into a data set to ensure an updated overview of prevalence, nature and location. This ongoing monitoring will enable us to:

- understand current need
- be clear on local indicators of vulnerability and risk
- make decisions on what resources are needed to support victims and disrupt and prosecute perpetrators

Cardiff and the Vale Local Safeguarding Children Board (LSCB) is committed to enabling children and young people to directly influence and shape policy and recognises that nowhere is this more significant than in relation to CSE. It is only by drawing directly on the experiences of children and young people who have been abused or threatened by CSE, that we can understand how perpetrators operate and improve the effectiveness of agency interventions. For this reason we see it as important to establish an appropriately supported network or steering group to engage young people in this highly sensitive policy development area.

## **6. How we will raise awareness, *identify* and *protect* those who are vulnerable and *prevent* CSE**

**Children and Young People** - Equip young people to keep themselves safe by delivering an education programme to raise awareness of CSE through services such as schools and youth service. This will include information and the provision of web based tools or apps around being safe and happy in the online environment.

**Communities and Faith Groups** - Engage with community and faith groups so that they are able to identify children who are showing signs of vulnerability and risk and know how they can access support

**Parents and Professionals** - Equip parents, professionals and communities to identify children who may be vulnerable to CSE by raising their awareness of the key signs of vulnerability and what they should do when they are concerned through a targeted campaign. The targeted campaign will use a range of methods of communication including published materials, social media and pop up road shows.

**Effective Leadership** - Identify lead professionals in key agencies (Children's Services, Police, Education, Health, Sexual Health Services, Youth Service and Youth Offending Service) to act as a source of expertise within their own agencies, collate essential data and represent their organisations on the CSE risk assessment panel.

**Professional Responsibility** - Make sure all professionals understand their responsibility to identify children who are vulnerable or at risk, including through sharing information, to ensure children and young people are given the right support to build resilience and protect them from sexual exploitation.

**Multi-Agency Training** - Develop a multi-agency training plan to deliver to all levels of partner agencies to raise their awareness of signs of vulnerability and risk, information on local hot-spots and promote an integrated approach to children and young people at risk.

**Promote Effective Risk Assessment** - Promote consistent use of the Sexual Exploitation Risk Assessment Framework (including wider circulation of scoring and threshold guidance) in order to identify signs of vulnerability and risk early on.

**Risk Management** - Establish a CSE risk assessment panel (based on the domestic violence MARAC model) made up of representative from key agencies – Children’s Services, Police, Education, Health, Sexual Health services, Youth Service, Youth Offending Service and specialist agencies). This will enable colleagues across agencies to identify links between victims, perpetrators and locations, develop a shared understanding of risk profile and thresholds.

**Provide evidence of compliance with legislation and guidance** - Promote the robust application of the All Wales CSE Protocol including use of Multi Agency Child Sexual Exploitation Meetings to provide expert guidance and support decision making to manage and reduce risks. These meetings will be chaired by the lead manager for CSE in children’s services.

**Share Good Practice** - Establish a Professional Interest Group to enable professionals to share good practice and promote an integrated approach to CSE.

## **7. How we will support victims to *break away* from sexual exploitation and *recover* from their experiences**

Implement a model of best practice to support young people who are being sexually exploited. This model will draw on innovative practice from across the UK (both the statutory and third sectors) and will be based on developing a trusting relationship and offering consistent support.

Promote a proactive response to children who runaway and those missing from home, care or education in order to reduce risk to CSE.

## **8. How we will *disrupt and prosecute* perpetrators**

Develop a model of best practice to provide a more coordinated, strategic response to CSE which will make every effort to identify, disrupt and prosecute perpetrators. The model will draw on innovative practice from around the country and ensure agencies work with the CPS and courts to learn how prosecution rates can be improved.

Engage with the wider community such as taxi companies, take away restaurants, licenced premises and city centre locations to develop prevention strategies.

Develop a risk reduction plan for all locations and venues where there is an increased risk of targeting vulnerable children (i.e. children's homes, schools, youth centres).

Develop and implement a disruption strategy to include the wide range of powers available to police and other public bodies including Child Abduction Warning Notices and Civil Injunctions.

## **9. How we will *measure our performance***

The measures of our success will be set out as clear tasks in the action plan. Progress on implementing this strategy will be reviewed quarterly.

## **10. Our plan to *implement this strategy***

An action plan setting out how every part of this strategy will be implemented is attached at Appendix 1.

It should be noted that this strategy and action plan was developed in November 2015 and set ambitious targets. Significant progress has already been made in implementing the strategy which has evolved in response to knowledge gained through the work that has been done.

This plan was written to ensure that the expectations on Local Authorities, as set out by Welsh Government in the National Plan to tackle CSE (2016), have been included and will be met.

The strategy will be reviewed by the LSCB in May 2017.

## Appendix 1 - Action Plan to implement the CSE Strategy

Aim	Action	By Whom	By When
<b>1. Understand</b> the scale of the problem	Complete an audit of children's services referrals and cases with CSE concerns to identify the nature and prevalence of CSE in Cardiff.	Interim Lead Manager for CSE, Children's Services	COMPLETE
	Identify a Lead Officer for CSE	All LSCB agencies	June 2016
	Provide weekly information for the CSE data set	Lead Officer for CSE in all agencies	SYSTEM IN PLACE – ONGOING ACTION
	Collate information from all agencies into a data set for analysis and	Interim Lead Manager for CSE, Children's Services	SYSTEM IN PLACE – ONGOING ACTION
	Using that data, prepare a report of the updated overview of prevalence, nature and location in relation to CSE for Children and Families	Interim Lead Manager for CSE, Children's Services	COMPLETE
	Consider the CSE overview reports regularly	LSCB	Quarterly beginning April 2016
	Review and adjust the CSE prevention strategy	LSCB	September 2016
<b>2. Raise awareness</b> of the issue through education and training	Convene a Task and Finish Group to develop and deliver an education programme to raise awareness of CSE through services such as schools and youth service.	Interim Lead Manager for CSE, Children's Services	Initial delivery to commence April 2016
	Convene a Task and Finish Group made up of statutory and third sector organisations and community and faith groups to design and produce a targeted campaign to raise awareness of parents, carers, professionals and communities including the use of published materials, social media and pop up road shows.	Interim Lead Manager for CSE, Children's Services	Commence development April 2016
<b>3. Identify</b> those at risk and provide early support to <b>prevent</b> exploitation and abuse	Map existing services working to prevent CSE	Interim Lead Manager for CSE, Children's Services	COMPLETE
	Promote consistent use of the Sexual Exploitation Risk Assessment Framework across partner agencies	Interim Lead Manager for CSE, Children's Services, Lead Officers for partner agencies and LSCB Training sub-group	Strategy in place May 2016
	Develop and deliver a multi-agency training plan to all levels of partner agencies	CSE Lead Officer, SW Police BCU and Interim Lead Manager for CSE, Children's Services	Commenced delivery April 2016
	Establish a CSE risk management mechanism	CSE Lead Officer, SW Police BCU and Interim Lead Manager for CSE, Children's Services	June 2016
	Establish a practitioners' forum to enable professionals to share good practice and promote an integrated approach to CSE.	Interim Lead Manager for CSE, Children's Services	COMPLETE
	Liaise closely with all organisations providing support to children and young people vulnerable to or at risk of CSE	Interim Lead Manager for CSE, Children's Services	COMPLETE – SYSTEM IN PLACE WITH ONGOING ACTION

Aim	Action	By Whom	By When
	Develop a CSE information sharing system e.g. CSE WASPI to contribute to effective information sharing in known or suspected CSE case	Interim Lead Manager for CSE, Children's Services and Lead Officers for partner agencies	July 2016
	Develop a properly supported victim participation group to understand better how to prevent children becoming exploited	Interim Lead Manager for CSE, Children's Services	Development to Commence April 2016
	Contribute to revisions to the All Wales CSE protocol and definitions within the All Wales Child Protection Procedures	Interim Lead Manager for CSE, Children's Services and Lead Officers for partner agencies	September 2016
	Implement revisions to the All Wales CSE protocol and definitions within the All Wales Child Protection Procedure	LSCB	December 2016
<b>4. Support</b> victims to break away from sexual exploitation and recover from their experiences	Develop a model of best practice to support young people who are being sexually exploited	Interim Lead Manager for CSE, Children's Services	April 2016 onward
	Promote and audit the application of the All Wales CSE Protocol including use of Multi Agency Child Sexual Exploitation Meetings	Interim Lead Manager for CSE, and Lead Officers in partner agencies	SYSTEM IN PLACE – ONGOING ACTION
	Promote a proactive response to children who runaway and those missing from home, care or education in order to reduce risk to CSE	Interim Lead Manager for CSE, Children's Services and CSE Lead Officer, SW Police BCU	April 2016 onward
<b>5. Disrupt and prosecute</b> perpetrators	Convene a task and finish group to develop a strategy to engage with the wider community such as taxi companies, take away restaurants, licenced premises and city centre locations to develop prevention strategies.	CSE Lead Officer, SW Police BCU and Interim Lead Manager for CSE, Children's Services	Development to commence May 2016
	Develop a risk reduction plan for all locations and venues where there is an increased risk of targeting vulnerable children (i.e. children's homes, schools, youth centres).	CSE Lead Officer, SW Police BCU and Interim Lead Manager for CSE, Children's Services	May 2016
	Convene a task and finish group to develop a disruption strategy.	CSE Lead Officer, SW Police BCU and Interim Lead Manager for CSE, Children's Services	May 2016
	Deliver multi-agency training to all levels of partner agencies to support the preservation and gathering of evidence	CSE Lead Officer, SW Police BCU and Interim Lead Manager for CSE, Children's Services	September 2016 onwards
	Capture and use intelligence to prevent offending and assist with prosecuting perpetrators	CSE Lead Officer, SW Police BCU	September 2016 onwards
	Develop closer links with criminal justice partners such as CPS and the courts in order support successful prosecutions	CSE Lead Officer, SW Police BCU	September 2016 onwards
	Develop an effective mechanism to ensure probation (Community Rehabilitation Companies and National Probation Services) and partner agencies can share the information they hold about individuals linked to CSE	Interim Lead Manager for CSE, Children's Services	July 2016
	Support victims throughout an investigation and prepare them for court	CSE Lead Officer, SW Police BCU	September 2016 onwards

Tel: 02920 642 800

Email: [cardiffandvalelscb@cardiff.gov.uk](mailto:cardiffandvalelscb@cardiff.gov.uk)

[www.cardiffandvalelscb.co.uk](http://www.cardiffandvalelscb.co.uk)

# DDIM YN EIN DINAS NI. DDIM I'N PLANT NI.

## Mae Camfanteisio'n Rhywiol ar Blant yn drosedd ac yn gamdriniaeth

Mae'n digwydd mewn mannau  
cyhoeddus fel gwestai,  
tafarndai, clybiau, siopau  
bwyd cyflym, tacsis,  
parciau a chartrefi pobl.

Os gwelwch chi  
rywbeth amheus...

# dywedwch wrth rywun!

#dywedwchcse

Galwch yr Heddlu ar **101** neu Crime Stoppers ar **0800 555 111**

Os yw rhywun mewn perygl gwirioneddol ffoniwch **999**

Pwynt Mynediad Plant: **02920 536490**





# NOT IN OUR CITY. NOT TO OUR CHILDREN.

## Child Sexual Exploitation is child abuse and a crime

It happens in public places like hotels, pubs, clubs, takeaways and fast food outlets, taxis, parks and people's homes.

If you see something that doesn't seem right...

**pass it on!**

#passitoncse

Call Police on **101** or Crime Stoppers on **0800 555 111**

If someone is in immediate danger call **999**

Children's Access Point: **02920 536490**



Mae'r dudalen hon yn wag yn fwriadol

**CITY AND COUNTY OF CARDIFF  
DINAS A SIR CAERDYDD**

**8 NOVEMBER 2016**

**CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE**

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**BUDGET MONITORING PANEL: MONTH FOUR BUDGET MONITORING  
REPORT 2016/17**

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**Purpose of Report**

1. To provide Members with a verbal update on the outcome of the first meeting of the Budget Monitoring Panel to review the 2016/17 Budget monitoring reports. This meeting focused on a review of the month four budget monitoring Cabinet report.
2. To seek agreement to investigate any areas for more detailed scrutiny and report any issues to the relevant Cabinet Member and Director.

**Background**

3. On 27 September 2016, the Committee agreed their work programme 2016/17, which included the establishment of a Budget Monitoring Panel to scrutinise budget monitoring reports ahead of Committee meetings, bringing reports back to the Committee with issues of concern or suggestions for further in-depth scrutiny, for agreement by the whole Committee.

**Outcome of October 2016 Panel Meeting**

4. The Budget Monitoring Panel, consisting of Cllrs Richard Cook, Gordon, Joyce, Murphy and Thorne, and co-opted representative Carol Cobert, met on 28 October 2016 to discuss and review the month four budget monitoring and projected overspend for both the Education and Lifelong Learning Directorate and

Children's Services, together with the detailed projection of the achievement or otherwise of each of the approved set of budget savings.

5. The Panel agreed to hold further panel meetings to review the Cabinet budget monitoring reports as and when they are published.

### **Way Forward**

6. Committee Members will have the opportunity to discuss the information provided in this report and appendix, and agree a way forward with regard to any issues the Panel has recommended for the Committee to consider.

### **Legal Implications**

7. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not to make policy decisions. As the recommendations in this report are to consider and review matters there are no direct legal implications. However, legal implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet/Council will set out any legal implications arising from those recommendations. All decisions taken by or on behalf of the Council must (a) be within the legal powers of the Council; (b) comply with any procedural requirement imposed by law; (c) be within the powers of the body or person exercising powers on behalf of the Council; (d) be undertaken in accordance with the procedural requirements imposed by the Council e.g. Scrutiny Procedure Rules; (e) be fully and properly informed; (f) be properly motivated; (g) be taken having regard to the Council's fiduciary duty to its taxpayers; and (h) be reasonable and proper in all the circumstances.

### **Financial Implications**

8. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not to make policy decisions. As the recommendations in this report are to consider and review matters there are no direct financial implications

at this stage in relation to any of the work programme. However, financial implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet/Council will set out any financial implications arising from those recommendations.

## **RECOMMENDATIONS**

The Committee is recommended to discuss the information provided at the meeting and:

- i. Agree to report any issues or concerns to the relevant Cabinet Member and Director; and
- ii. Agree any areas for further investigations.

**Davina Fiore**  
**Director of Governance and Legal Services**  
**2 November 2016**

Mae'r dudalen hon yn wag yn fwriadol